Mahalo for choosing HMSA’s Complementary Care plan!

This directory lists participating providers with our Complementary Care plan, which may include chiropractic care, acupuncture, and massage therapy. Providers are listed by island and by specialty for your convenience.

The professionals in these fields have contracted to participate in your Complementary Care plan. When you visit one of these participating providers, the provider is paid directly for the services you receive. The amount of your copayment will not be more than the amount shown in your plan benefits.

Your plan also provides benefits if you use a nonparticipating provider. The benefits, however, are different from benefits with participating providers. When you choose a nonparticipating provider, you’re responsible for paying any additional charges that are not covered by your plan and you’ll need to file your own claim for any reimbursement.

This directory is subject to change and names may be added or removed without notice. The continued participation of any one provider is not guaranteed.

To confirm that a provider participates in HMSA’s Complementary Care plan, please call the provider’s place of business or 1(800)678-9133.

Thanks again for choosing HMSA.
Shanon Sidell, MT 75-119 Huulualani Rd Ste 301 Kapaa, HI 96746 Phone: (808) 860-8333 and Akhia Natural Health 68-1645 Waiakea Rd Ste 201 Waiakea, HI 96738 Phone: (808) 860-8333

Nikki Spencer, MT A Hawaiian Day Spa 98-1655 Mamalahoa Hwy Captain Cook, HI 96704 Phone: (808) 857-3013

Marlene Sperka, MT Tropic Island Therapy 3-2480 Kuhio Hwy Ste C210 Princeville, HI 96722 Phone: (808) 826-6666

Victoria Wright, LAc 401 Papaloa Rd Ste 407 Kapaa, HI 96746 Phone: (808) 821-9100

Kari Teschma, MT 74-6620 Palani Rd Kaunakakai, HI 96740 Phone: (808) 640-7496

Anela Ubilas, MT Akhia Natural Health 68-1465 Waiakea Rd Ste 201 Waiakea, HI 96738 Phone: (808) 860-8333

Sheilla-Mary Villena, MT WINES Massage Therapy 93 Barony Dr Hilo, HI 96720 Phone: (808) 867-3086

Tina Walter, MT 75-5599 Kapilo St Kaunakakai, HI 96740 Phone: (808) 450-3274

Kristin Youngs, MT AHI Massage Center 75-5029 Ali`i Dr Kapaa, HI 96740 Phone: (808) 756-7269

Joy Blais, LAc Blue Buddha Acupuncture 4307 Aholani Rd Anahola, HI 96703 Phone: (808) 769-2809

Dustin Dillberg, LAc Pan Free Kauai LLC 4366 Kuki Grove St Ste 200 Lihue, HI 96766 Phone: (808) 245-0007

Steven Dubey, LAc Natural Health Clinic 3033 Akahi St Lihue, HI 96766 Phone: (808) 245-2277

Donna (Leia) Molad, LAc Kauai Natural Medicine & Acupuncture Clinic 1765 Awa Pl Kapaa, HI 96746 Phone: (808) 822-2067

Johyn Rose, LAc Balance Within Acupuncture 4307 Aholani Rd Anahola, HI 96703 Phone: (808) 639-3070 and

4-356 Kuoho Hwy Kapaa, HI 96746 Phone: (808) 639-3070 and Dolphin Touch Wellness Center 4544 Kukui St Kapaa, HI 96746 Phone: (808) 639-3070

Jolyn Largo, MT Tropic Island Therapy 4353 Waiau Rd Ste 56 Eleele, HI 96705 Phone: (808) 335-2790

Charlene Lazarro, MT Tropic Island Therapy 4353 Waiau Rd Ste 56 Eleele, HI 96705 Phone: (808) 335-2790

Lori Potter, MT 39 Lihiu St Kapaa, HI 96746 Phone: (808) 922-7267 and Natural Health Clinic 3033 Akahi St Lihue, HI 96766 Phone: (808) 245-2277

Dana Ross, MT Massage By Dana 4430 Hookul Dr Ste 7 Kaua‘i, HI 96724 Phone: (808) 634-5559

Kristyn Dunlap, LAc Hale Maui Integrative Wellness Center 232 S Market St Wailehu, HI 96793 Phone: (808) 242-1412

Sandra Haf, LAc Acupuncture Maui 910 Honopua Place Ste 1 Lahaina, HI 96761 Phone: (808) 250-7663

Michael Howden, LAc Kula San Hospital & Clinic 100 Keoua Pl Kula, HI 96790 Phone: (808) 676-4430 and Michael Howden Acupuncture 451 Walla St Ste B Wailehu, HI 96793 Phone: (808) 385-0383

Wendy Humphrey, LAc 151 Hana Hwy Paia, HI 96779 Phone: (808) 280-9991 and Low Cost Community Acupuncture Alexander Kremer, LAc 22 S Market St Wailuku, HI 96793 Phone: (808) 242-6761

Leonard Jacoby, LAc 930 Wainae St Ste 10 Lahaina, HI 96761 Phone: (808) 662-4808

David Kern, LAc Grace Health Center 2395 S Kehi Rd Ste 204 Kula, HI 96731 Phone: (808) 874-5660 and Grace Health Clinic Inc 3618 Baldwin Ave Makawao, HI 96768 Phone: (808) 572-6091

Brendan Kozik, LAc Quen Yn Family Health LLC 22 S Market St Wailehu, HI 96793 Phone: (808) 242-6761

Alexander Kremmer, LAc Law Cost Community Acupuncture Clinic 1170 Makawao Ave Makawao, HI 96768 Phone: (808) 276-0637

Ilene Belleruse, LAc Jade Health Center 205 Ulana St Makawao, HI 96768 Phone: (808) 573-7770

Tom Belleruse, LAc 205 Ulana St Makawao, HI 96768 Phone: (808) 573-2187

Catherine Brandon, LAc 270 Kulaian Dr, Kula, HI 96790 Phone: (808) 867-1432

Lucas Bruno III, LAc 16 S Market St Ste 23 Wailuku, HI 96793 Phone: (808) 298-3948

Kenneth Busco, LAc Community Acupuncture & Herbal Clinic of Maui 1170 Makawao Ave Makawao, HI 96768 Phone: (808) 276-6037

Christine Cannon, LAc Chris Cannon Wellness at Anderson Chiropractic 363 Hooahana St Ste 205 Kahului, HI 96732 Phone: (808) 463-5884 and Chris Cannon Wellness at Wailes Health & Wellness 161 Wailes Ike Place Ste A104 Wailea, HI 96753 Phone: (808) 463-5884

Shahido Piva, LAc Acupuncture Works! 2395 S Kehi Rd Ste 202 Kula, HI 96731 Phone: (808) 879-2287

Zachary Rice, LAc Kheis Physical Therapy 2602 Waihele Pl Ste 102 Kauai, HI 96737 Phone: (808) 863-1746 and Maui School of Therapeutic Massage 1054 Makawao Ave Ste 207 Makawau, HI 96768 Phone: (808) 863-1746

Eva Ross, LAc Maui Healing Center 4230 Lower Kula Rd Kula, HI 96790 Phone: (808) 463-9400

Alan Schröepfer, LAc Akamai Acupuncture 444 Hana Hwy Ste 213 Kahului, HI 96721 Phone: (808) 250-6437

Astrid Senturias, LAc North Shore Chiropractic and Massage 16 Baldwin Ave Paia, HI 96779 Phone: (808) 579-9134 and Green T Boutique and Massage LLC 40 N Market St Wailehu, HI 96793 Phone: (808) 242-6788

Bryan Sparks, LAc Green T Boutique and Massage LLC 40 N Market St Wailehu, HI 96793 Phone: (808) 242-6788 and The Back Center 2045 Main St Wailehu, HI 96793 Phone: (808) 205-8454 and Sparks Acupuncture 1983 Lii Pl Wailehu, HI 96793 Phone: (808) 205-8454

Maureen Stanisly, LAc Quen Yn Healing 3618 Baldwin Ave Ste 105 Makawao, HI 96768 Phone: (808) 579-9810

Elizabeth Stuart, LAc Mana Hau 30 Ahuawale Pl Makawao, HI 96768 Phone: (808) 344-9826

Jeffrey Tice, LAc Bahia Kauai Center 2045 Main St Wailehu, HI 96793 Phone: (808) 281-2727

Emmet Clive Tucker, LAc North Shore Pilates 810 Kokomo Rd Hauku, HI 96708 Phone: (808) 575-2673 and Maui Acupuncture 3600 Honopua Place Ste B2 Lahaina, HI 96761 Phone: (808) 289-2105

Jamie Varela, LAc North Shore Chiropractic & Massage 16 Baldwin Ave Paia, HI 96779 Phone: (808) 579-9134

Ian Yannell, LAc Mana Hau 30 Ahuawale Pl Makawao, HI 96768 Phone: (808) 344-9826
HMSA's mission is to provide the people of Hawaii access to a sustainable, quality health care system that improves the overall health and well-being of our state.