Definition
Percentage of women ages 67–85 who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis within six months of the fracture. Fractures of the spine, hip, and wrists with minimal trauma are included while pathological fractures and fractures to the finger, toe, face, or skull are not included.

Plans Affected
• Medicare Advantage.

Quality Programs Affected
• CMS Star Ratings.

Collection and Reporting Method
• Administrative claim/encounter data and pharmacy data.

This is a quick reference tool to help you with coding and documentation of Medicare Star Rating measures that close care gaps.

Codes

Bone mineral density tests
| ICD-10 Procedure | BP48ZZ1, BP49ZZ1, BP4GZZ1, BP4HZZ1, BP4LZZ1, BP4MZZ1, BP4NZZ1, BP4PZZ1, BQ00ZZ1, BQ01ZZ1, BQ03ZZ1, BQ04ZZ1, BR00ZZ1, BR07ZZ1, BR09ZZ1, BR0GZZ1 |

Bone Mineral Density Tests
The following tests performed on the afflicted area will close the care gap.

- Ultrasonography
- Plain Radiography
- DEXA Scan
- Bone Density Scan
- Heel Ultrasound
- CT Bone Density Study

Medications

Drug category | Medications
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Biphosphonates | Alendronate
| Alendronate-cholecalciferol
| Ibandronate
| Risedronate
| Zoledronic acid

Other agents | Abaloparatide
| Denosumab
| Raloxifene
| Teriparatide

See HMSA Formularies at hmsa.com/help-center/your-hmsa-drug-formulary-list.

Exclusions

| Standard exclusions | Timeframe |
--- | --- |
| Patients who had a BMD test. | 24 months prior to the fracture. |
| Patients who had osteoporosis therapy. | 12 months prior to the fracture. |
| Patients who were dispensed a medication or had an active prescription for medication to treat osteoporosis. | Anytime during the measurement year. |
| Patients in hospice. | |
| Patients living in long-term care institutions or enrolled in an Institutional SNP (I-SNP). | |
| Patients age 81 and older as of December 31 of the measurement year with frailty. | |
Medical Record Documentation

<table>
<thead>
<tr>
<th>Test, service, or procedure to close the care gap</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>BMD test.</td>
<td>• BMD test must take place within six months of the fracture.</td>
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<tr>
<td></td>
<td>• If the fracture resulted in an inpatient stay, a BMD test administered during the stay will close the care gap.</td>
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<tr>
<td>Osteoporosis therapies identified through pharmacy data.</td>
<td>• Osteoporosis medication must be dispensed within six months of the fracture.</td>
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<tr>
<td></td>
<td>• Documentation that the medications aren’t tolerated isn’t an exclusion for this measure.</td>
</tr>
<tr>
<td></td>
<td>• If the fracture resulted in an inpatient stay, long-acting osteoporosis therapy administered during the stay will close the care gap.</td>
</tr>
</tbody>
</table>

Medical record detail, any of the following:

- Medication list.
- Progress notes.
- BMD test results.

Tips and Best Practices to Help Close the Care Gap

- The post-fracture treatment period to close this care opportunity is only six months.
- Please identify patients discharged from the ED or hospital who had a spine, hip, wrist, or other qualifying fracture and schedule a follow-up visit as soon as possible.
- When appropriate, order a BMD test or write a prescription for an osteoporosis medication. Office samples will not qualify to close this care gap.
- A referral for a BMD alone won’t close this care opportunity. The service must be performed.
- Osteoporosis medication must be filled using a patient’s health plan benefits.
- To help prevent women from being included in this measure incorrectly, please check that fracture codes are used appropriately. Code initial for a new fracture, use healing status ICD-10 codes for older fractures.
- If you have concerns about the patient’s adherence, enlist the help of an HMSA Care Coordinator.

For information about Medicare Star Ratings measures, please visit the Provider Resource Center at hmsa.com/portal/provider/zav_pel.aa.MED.100.htm.

Information in this guide is based on National Committee for Quality Assurance (NCQA) HEDIS technical specifications. For details, visit ncqa.org.

If you have any questions, call HMSA Provider Services at 948-6820 on Oahu or 1 (877) 304-4672 toll-free on the Neighbor Islands.