Smoking Cessation Treatment Algorithm

The “5 A's”: Treating Tobacco Dependence as a Chronic Disease

**ASK**
Do you currently use tobacco?

- **YES**
  - **ADVISE**
    - **to quit**

  - **ASSESS**
    - **Are you willing to quit now?**
      - **YES**
        - **ASSIST**
          - Provide appropriate tobacco dependence treatments
      - **NO**
        - **ARRANGE FOLLOWUP**

- **NO**
  - **ASK**
    - Have you ever used tobacco?
      - **YES**
        - **ASSIST**
          - Intervene to increase motivation to quit
      - **NO**
        - **ASSESS**
          - Have you recently quit? Any challenges?
            - **YES**
              - **ASSIST**
                - Provide relapse prevention
            - **NO**
              - **ASSIST**
                - Encourage continued abstinence

**ARRANGE FOLLOWUP**