

My Health Rewards

Approved Product List



Use your My Health Rewards gift card to help purchase approved items on the following list.



Over-the-Counter (OTC) products

- Allergy and sinus relievers
- Cough, cold, and flu remedies
- Diabetes management
- Digestive health – antacids and laxatives
- Eye care and ear care products
- First aid supplies
- Footcare and compression hosiery and support
- Heating pads, braces, and supports
- Home health aids
- Incontinence products
- Nicotine replacement therapies
- Oral care items
- Pain relievers
- Sleep aids
- Sunscreen and therapeutic lotions
- Thermometers and blood pressure monitors
- Vitamins and supplements
- Weight management



Personal Care products

- Deodorant and soap
- Family planning products
- Feminine care
- Hair care – shampoo, conditioners, treatments, styling tools
- Physical fitness items
- Shaving and grooming
- Skin care – facial, moisturizers and treatments, sunscreen



Baby Care products

- Activity – toys, gyms, walkers, jumpers, swings
- Diapering – diapers, wipes, creams
- Feeding – bottles, nursing supplies, pacifiers, utensils, bibs
- Food – formula, electrolytes, baby food, snacks
- Gear – strollers, car seats, bathtubs, safety
- Grooming – hair care, clippers
- Health & Wellness – medicines, oral care, skin care
- Home – Pack 'n Plays, cribs
- Layette – bedding, towels, clothing



Grocery products

- Baby food
- Beans and legumes
- Beverages – water, juice, tea, coffee
- Bread and grains
- Canned fruits and vegetables
- Canned meats and soups
- Condiments and relish – pickles, olives, ketchup, mustard, salad dressing
- Dairy
- Flour, sugar, spices
- Fresh, frozen, and pre-packaged fruits and vegetables
- Frozen prepared meals
- Frozen seafood
- Meat – fresh and frozen
- Nutritional shakes
- Pasta and sauces



Household products

- Air and fabric fresheners
- Cleaning tools
- Cleaners and waxes
- Dish and laundry soaps
- Insect repellents
- Plastic, foil, and paper products



Products that are NOT Included

- Alcohol
- Bakery (pies, cakes, muffins)
- Batteries
- Cake/cookie mixes, frosting, baking ingredients
- Chips, candy, snacks
- Ice cream, frozen yogurt, sherbet
- Lard
- Soda and energy drinks
- Tobacco
- Trial & travel sized items