

# ‘Oku Mātu’aki Mahu’inga ‘Aupito ‘a Ho’o Mo’ui Lelei: Puka Leva Ha’o Taimi Hulu ki he Sivi Kanisā Huhú ‘i he ‘Aho ni!



Ko e **Kanisā Huhú** ko e kanisā lahi taha ia ‘oku meimei mo’ua ai ‘a e kakai fefiné pea ‘oku fika ua ‘i hono fakatupunga ‘o e mate ‘a e kakai fefiné mei he kanisā. Ko e toko 1 ‘i he kakai fefine ‘e toko 8 ‘oku nau mo’ua ‘i he kanisā huhú.<sup>1</sup>

Ko e ‘mammogram’ ko e hulu faka’ata ia ‘o e huhú pea ko e founga lelei taha ia ki hono ‘ilo’i ‘o e ngaahi faka’ilonga ‘o e kanisā huhú. Ko hono ‘ilo’i vave angé te ne ‘omai ha ngaahi ola lelei ange.

Ko e Timi Ngāue Makehe ‘a Amelika ki Hono Mapule’i (U.S. Preventive Services Task Force), ‘oku nau fokotu’u atu ke hulu faka’ata tu’o taha fakahili ta’u ‘a e kakai fefine kotoa pe mei he vaha’a ‘o e ta’u motu’a ko ia ‘o e ta’u 40 ki he 74.

1. American Cancer Society <https://www.cancer.org/>

Koe’uhí ‘oku mēmipa Potungāue Tokoni Fakafaito’o ‘o **Hawaii (Hawaii Medical Service Association, HMSA)**, ‘a e kakai fefiné, ko kinautolu ‘i he vaa’i ta’u 40 pe lahi haké ‘oku nau malava ‘o ma’u ta’etotongi ‘a e hulu faka’ata huhú tu’o taha ‘i he ta’u kotoa pe.

Puka leva ho’o ‘apoinimení ‘i he ‘aho ni. ‘Oku ‘ikai ke feima’u ke fai ‘e ho’o toketā ha tohi kole ma’au. Vakai ki he lisi ‘o e ngaahi senitā fai’anga hulu faka’ata huhú ki ha senitā ‘oku ofi taha atú.



An Independent Licensee of the Blue Cross and Blue Shield Association

# ‘Ū Senitā Hulu Faka’ata Huhú

Puka ha’o ‘aponimeni ki ha’o hulu faka’ata ‘i he taha ‘o e ngaahi feitu’u fai’anga hulu faka’ata huhu ‘oku ofi atu kiate koé. ‘Oku ‘ikai fiema’u ha foomu kole mei ho’o toketā ka e toki lava puka ha ‘aponinimeni.

---

## OAHU

### Aiea

Pali Momi Medical Center  
98-1079 Moanalua Rd.  
(808) 486-6000

### Ewa Beach

Queen’s Medical Center -  
West Oahu  
91-2141 Fort Weaver Rd.  
(808) 691-3663

### Kailua

Adventist Health Castle  
640 Ulukahiki St.  
(808) 263-5166

### Kaneohe

Straub Benioff Medical Center -  
Kaneohe Clinic  
46-056 Kamehameha Hwy.  
(808) 233-6200

### Mililani

Straub Benioff Medical Center -  
Mililani Clinic  
95-1249 Meheula Pkwy., Suite C2  
(808) 625-6444

### Waianae

Waianae Coast Comprehensive  
Health Center  
86-260 Farrington Hwy.  
(808) 697-3487

### Waipahu

Hawaii Diagnostic Radiology  
Services LLC  
94-229 Waipahu Depot St.  
Suite 100  
(808) 949-0091

## Honolulu

Frank J. Voralik, M.D.  
1441 Kapiolani Blvd., Suite 403  
(808) 944-9144

Kapiolani Women’s Center  
1907 S. Beretania St.  
(808) 527-2588

Kuakini Medical Center  
347 N. Kuakini St.  
(808) 547-9545

3-D mammography only  
The Queen’s Medical Center  
1301 Punchbowl St.  
(808) 691-7171

The Queen’s Physicians  
Office Bldg. III  
550 South Beretania St.  
(808) 691-7171

Straub Benioff Medical Center -  
Honolulu Clinic  
888 King St.  
(808) 522-4221

## KAUAI

West Kauai Medical Center  
4643 Waimea Canyon Dr.  
(808) 338-9435

Wilcox Medical Center  
3-3420 Kuhio Hwy.  
(808) 245-1030

## MOTU KO HAWAII

### Hilo

East Hawaii Women’s  
Imaging Center  
82 Puuhonu Pl., Suite 102  
(808) 961-4745

### Kailua-Kona

Hawaii Radiologic Associates  
75-5653 Kuakini Hwy., Suite 110  
(808) 329-7314

### Waimea

North Hawaii Community Hospital  
67-1125 Mamalahoa Hwy.  
(808) 881-4880

## MAUI

### Kahului

Maui Diagnostic Imaging  
425 Koloa St., Suite 102  
(808) 877-6402

### Wailuku

Maui Memorial Medical Center  
221 Mahalani St.  
(808) 243-3012

Maui Medical Group  
2180 Main St.  
(808) 249-8080

## MOLOKAI

Molokai General Hospital  
280 Homeolu St.  
(808) 553-3132