

Empottãnte Put I Salut-mu Siha: Arekla I Para Marekonosen I Sisu-mu Pã'go!



Kãnsset Susu et mãs otdinãriu na klãssen kãnsset yan i mina' dos na maneran rason para finatai entre famalao'an. 1 entre 8 na chãnsa i palao'an u tutuhon gumai kãnsset susu.¹

Et mãs maolek na klãssen manera para maditetmina prineban kãnsset susu i mammogram i ma'ilaon sanhalom i sisu. Tãftaf dinetetmina siña u chalãni mãs maolek na resutto.

I U.S. Preventative Services Task Force ha rekomenda i marekonosen mammography un biãhe kada dos sãkkan para famalao'an gi idãt 40 asta 74 ãños.

Put **membron i HMSA hao**, siña i famalao'an gi idãt 40 ãños yan mãs u ma'apro becha i marekonosen mammography kada sãkkan sin manapãsi na dibãtde.

Fama'tinas ñai'an para un mali'e' pã'go. Ti nisisãriu na un gai riniferi ginen i prinibenen inadahen salut-mu. Atan i listan lugãt inilaon mammography siha para un sodda' i mãs hihot para hãgu.

1. American Cancer Society <https://www.cancer.org/>

Lugât Inilaon Mammography

Famatinas ñai'an para un mali'e' para mammogram gi entre unu na lugât marekonose ni' hihot para hâgu. Ti nisisâriu rinifere ginen i prinibeni-mu para un fama'tinas ñai'an para un mali'e'.

OAHU

Aiea

Pali Momi Medical Center
98-1079 Moanalua Rd.
(808) 486-6000

Ewa Beach

Queen's Medical Center -
West Oahu
91-2141 Fort Weaver Rd.
(808) 691-3663

Kailua

Adventist Health Castle
640 Ulukahiki St.
(808) 263-5166

Kaneohe

Straub Benioff Medical Center -
Kaneohe Clinic
46-056 Kamehameha Hwy.
(808) 233-6200

Mililani

Straub Benioff Medical Center -
Mililani Clinic
95-1249 Meheula Pkwy., Suite C2
(808) 625-6444

Waianae

Waianae Coast Comprehensive
Health Center
86-260 Farrington Hwy.
(808) 697-3487

Waipahu

Hawaii Diagnostic Radiology
Services LLC
94-229 Waipahu Depot St.
Suite 100
(808) 949-0091

Honolulu

Frank J. Voralik, M.D.
1441 Kapiolani Blvd., Suite 403
(808) 944-9144

Kapiolani Women's Center
1907 S. Beretania St.
(808) 527-2588

Kuakini Medical Center
347 N. Kuakini St.
(808) 547-9545

3-D mammography only
The Queen's Medical Center
1301 Punchbowl St.
(808) 691-7171

The Queen's Physicians
Office Bldg. III
550 South Beretania St.
(808) 691-7171

Straub Benioff Medical Center -
Honolulu Clinic
888 King St.
(808) 522-4221

KAUAI

West Kauai Medical Center
4643 Waimea Canyon Dr.
(808) 338-9435

Wilcox Medical Center
3-3420 Kuhio Hwy.
(808) 245-1030

ISLAN HAWAII

Hilo

East Hawaii Women's
Imaging Center
82 Puuhonu Pl., Suite 102
(808) 961-4745

Kailua-Kona

Hawaii Radiologic Associates
75-5653 Kuakini Hwy., Suite 110
(808) 329-7314

Waimea

North Hawaii Community Hospital
67-1125 Mamalahoa Hwy.
(808) 881-4880

MAUI

Kahului

Maui Diagnostic Imaging
425 Koloa St., Suite 102
(808) 877-6402

Wailuku

Maui Memorial Medical Center
221 Mahalani St.
(808) 243-3012

Maui Medical Group
2180 Main St.
(808) 249-8080

MOLOKAI

Molokai General Hospital
280 Homeolu St.
(808) 553-3132