



An Independent Licensee of the Blue Cross and Blue Shield Association

## BENEFITS AT-A-GLANCE: MEDICAL

All costs are for participating providers only. Please see your Guide to Benefits for information on providers outside our network.

	Preferred Provider Plan (754)	Comprehensive Medical (895)	Health Plan Hawaii Plus (X-S)
	PPO Network	PPO Network	HMO Network
	Member Cost	Member Cost	Member Cost
Annual Deductible	\$0	Single: \$350 Family: \$1,050	\$0
Annual Copayment Maximum	Single: \$2,500 Family: \$7,500	Single: \$3,000 Family: \$9,000	Single: \$2,500 Family: \$7,500
<b>To help maintain your health</b>			
Annual Preventive Health Exam	\$0	\$0	\$0
Annual Well-Woman Exam	\$0	\$0	\$0
Annual Well-Child Care (age 21 & younger)	\$0	\$0	\$0
Preventive Screenings <small>(Grade A &amp; B recommendations of the U.S. Preventive Services Task Force. For a list of all covered screenings, see <a href="https://hmsa.com/preventive">https://hmsa.com/preventive</a>)</small>	\$0	\$0	\$0
Immunizations (standard & travel)	\$0	\$0	\$0
<b>If you need immediate medical attention</b>			
HMSA Online Care	\$0	\$0	\$0
Urgent Care	\$12 copayment	\$17 copayment*	\$20 copayment
Emergency Room	20% coinsurance	20% coinsurance*	\$100 copayment
Ambulance (ground or interisland air)	20% coinsurance	20% coinsurance*	20% coinsurance
<b>If you visit a doctor's office or clinic (outpatient)</b>			
Doctor Visit	\$12 copayment	\$17 copayment*	\$20 copayment
Specialist Visit	\$12 copayment	\$17 copayment*	\$20 copayment
Physical Therapy	20% coinsurance	20% coinsurance*	\$20 copayment
Radiology - General (e.g., X-ray)	20% coinsurance	20% coinsurance*	\$10 copayment
Radiology - Other (e.g., MRI, CT scan, Ultrasound)	20% coinsurance	20% coinsurance*	20% coinsurance
Lab Tests (e.g., bloodwork)	20% coinsurance	\$0*	\$10 copayment
<b>If you have a hospital stay (inpatient)</b>			
Hospital Room & Board	10% coinsurance	20% coinsurance*	10% coinsurance
Surgery	10% coinsurance (cutting) 20% coinsurance (non-cutting)	20% coinsurance* (cutting) 20% coinsurance* (non-cutting)	10% coinsurance (cutting) 10% coinsurance (non-cutting)

	Preferred Provider Plan (754)	Comprehensive Medical (895)	Health Plan Hawaii Plus (X-S)
	PPO Network	PPO Network	HMO Network
	Member Cost	Member Cost	Member Cost
Radiology - General (e.g., X-ray)	10% coinsurance	20% coinsurance*	10% coinsurance
Radiology - Other (e.g., MRI, CT scan, Ultrasound)	10% coinsurance	20% coinsurance*	10% coinsurance
Lab Tests (e.g., bloodwork)	10% coinsurance	20% coinsurance*	10% coinsurance
<b>If you're pregnant</b>			
Routine Prenatal & Postnatal Care	10% coinsurance	20% coinsurance*	10% coinsurance
Delivery	10% coinsurance	20% coinsurance*	10% coinsurance
Hospital Room & Board	10% coinsurance	20% coinsurance*	10% coinsurance

Visit [hmsa.com](https://hmsa.com) to access your suite of well-being tools and to log in to your My Account profile to view in-depth information about your health plan.

\*Services where deductible applies

## Key Terms

Term	Definition
<b>Actual Charge vs. Eligible Charge</b>	Actual Charge: The amount that nonparticipating providers can charge for health care services and products. This amount is usually higher than the eligible charge. Eligible Charge: The maximum amount that participating providers agree to charge for covered health care services and products.
<b>Annual Deductible</b>	The amount you pay each calendar year for covered health care services and products before your plan starts to pay (excluding contraceptives, prescription drugs and supplies, preventive care, and well-child care). Until you meet the deductible each calendar year, you pay 100 percent of your medical expenses.
<b>Coinsurance vs. Copayment</b>	Coinsurance: The percentage of your out-of-pocket costs for covered health care services and products after you've met your deductible (if your plan has one). Copayment: The fixed dollar amount you pay participating providers for covered health care services and products after you've met your deductible (if your plan has one).
<b>Guide to Benefits (GTB)</b>	Your comprehensive guide and legal document that explains your benefits in detail including, exclusions, limitations, terms, and conditions for a specific plan.
<b>HMSA Online Care</b>	A service that immediately lets you connect to a board-certified doctor through video chat to diagnose conditions and prescribe medication 24/7, 365 days a year.
<b>Annual Copayment Maximum</b>	The maximum amount you have to pay for covered services and products (your deductibles, copayments, and coinsurance) in a calendar year before your health plan pays 100 percent of the cost of covered benefits.
<b>Participating Provider vs. Nonparticipating Provider</b>	Participating Provider: Providers who have a contract with HMSA are "in network" and have agreed to charge you a lower rate than nonparticipating providers. Nonparticipating Provider: Providers who don't have a contract with HMSA are considered "out-of-network." They can charge any amount for health care services and products, which can be more than what your plan will pay.
<b>PPO vs. HMO</b>	PPO (Preferred Provider Organization): A plan that gives you the freedom to see any provider, both in and out of network, without a referral. Our network has more than 5,000 doctors, specialists, and other health care professionals. No other health plan in Hawaii has a larger provider network. HMO (Health Maintenance Organization): A plan with a designated primary care provider (PCP) and a health center for all care. If you see providers outside your health center, you'll need a referral from your PCP.
<b>Provider</b>	A physician, hospital, pharmacy, or laboratory.
<b>U.S. Preventive Services Task Force</b>	An independent volunteer panel of national experts in prevention and evidence-based medicine that recommends certain clinical preventive services (e.g., screenings).

Understand important information about your plan: This "benefits at-a-glance"-summary provides a basic overview and comparison of a few of the benefits. Benefits and costs are based on the terms and conditions of your plan, specific exclusions and limitations, coordination of benefits, privacy, third party liability, eligibility requirements, and appeal rights, none of which are described here. For a complete description, see your Guide to Benefits, and any riders, certificates, or amendments. To dispute a decision made by HMSA related to benefits, reimbursement, or any other decision or action by HMSA, please follow the instructions at [hmsa.com/appeals](https://hmsa.com/appeals).



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## BENEFITS AT-A-GLANCE: DRUG

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	Drug (860)	Drug (861)
	Member Cost	Member Cost
Maximum Out-of-Pocket	Single: \$3,600 Family: \$4,200	Single: \$3,600 Family: \$4,200
<b>1-30-day supply from pharmacies</b>		
Tier 1: mostly Generic drugs	\$7 copayment	\$7 copayment
Tier 2: mostly Preferred Formulary Drugs	\$30 copayment	\$30 copayment
Tier 3: mostly Non-Preferred Formulary Drugs	\$30 copayment plus \$45 Tier 3 cost share	\$30 copayment plus \$45 Tier 3 cost share
Tier 4: mostly Preferred Formulary Specialty Drugs	\$100 copayment	\$100 copayment
Tier 5: mostly Non-Preferred Formulary Specialty Drugs	\$200 copayment	\$200 copayment
<b>84-90-day supply from participating pharmacies or mail-order prescription drug program</b>		
Tier 1: mostly Generic drugs	\$11 copayment	\$11 copayment
Tier 2: mostly Preferred Formulary Drugs	\$65 copayment	\$65 copayment
Tier 3: mostly Non-Preferred Formulary Drugs	\$65 copayment plus \$135 Tier 3 cost share	\$65 copayment plus \$135 Tier 3 cost share
Tier 4: mostly Preferred Formulary Specialty Drugs	Not covered	Not covered
Tier 5: mostly Non-Preferred Formulary Specialty Drugs	Not covered	Not covered

To learn more about HMSA's drug tiers, please visit [hmsa.com/drug-list](https://hmsa.com/drug-list).

## Key Terms

Term	Definition
<b>Cost Share</b>	A portion of the total drug cost you are required to pay in addition to a copayment or coinsurance.
<b>Drug Tiers</b>	The way in which HMSA categorizes drug types that are covered under the plan. The common categories are generic, preferred, brand name, and specialty drugs.
<b>Formulary</b>	A list of drugs that are covered under your drug plan. For a detailed list, please visit <a href="https://hmsa.com/drug-list">hmsa.com/drug-list</a> .
<b>Mail-Order Prescription Drug Program</b>	Program where you can get prescription drugs from our mail-order provider at the best prices possible and have medications delivered to your home. For more information, visit <a href="https://hmsa.com">hmsa.com</a> .
<b>Annual Copayment Maximum</b>	The maximum amount you have to pay for covered services (your deductibles, copayments, and coinsurance) in a calendar year before your health plan pays 100 percent of the cost of covered benefits.

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## BENEFITS AT-A-GLANCE: VISION

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	Vision Standard 1B (OGA)		Vision Standard 2B (OHA)	
	Member Cost		Member Cost	
	Adult	Child	Adult	Child
<b>Routine Eye Care</b>				
Eye Exam (one per calendar year)	\$10 copayment	\$10 copayment	Refer to medical section for exam benefits	Refer to medical section for exam benefits
<b>Lenses &amp; Frames* (from participating vision care facilities)</b>				
Eyeglass Lenses	\$25 copayment	\$25 copayment	\$25 copayment	\$25 copayment
Contact Lenses	up to \$110 allowance	up to \$110 allowance	up to \$110 allowance	up to \$110 allowance
Polycarbonate Lenses	Not covered	\$0 copay	Not covered	\$0 copay
One Eyeglass Frame (one every other calendar year)	up to \$110 allowance	up to \$110 allowance	up to \$110 allowance	up to \$110 allowance
<b>Additional Benefits</b>				
Contact Lens Fitting	Not Covered	Not Covered	Not Covered	Not Covered

\*You're eligible for either contact lenses or eyeglass lenses (not both) per calendar year.

### Key Terms

Term	Definition
<b>Contact Lens Fitting</b>	An eye exam to ensure that you have the correct fit and prescription for your contacts.
<b>Lenses</b>	Single vision or multifocal lenses for eyeglasses and non-disposable and disposable contact lenses.
<b>Polycarbonate Lens</b>	An impact-resistant eyeglass material that is thinner and lighter than traditional plastic eyeglass lenses. These lenses provide UV protection and are scratch resistant.

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## BENEFITS AT-A-GLANCE: DENTAL

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	HMSA Group Dental PPO Plan (C86)	HMSA Group Dental HMO Plan (C95)
	PPO Network	Hawaii Family Dental Centers
	Member Cost	Member Cost
Calendar Year Maximum	\$1500	None
Rollover Amount	Up to \$500 (max accumulation \$1250)	Not applicable
<b>Preventive Care</b>		
Exams (two per calendar year)	\$0	\$0
Cleaning* (two per calendar year)	\$0	\$0
Topical Fluoride* (age 18 & younger, two per calendar year)	\$0	\$0
X-rays (bitewings and full-mouth)	\$0	\$0
<b>Basic Care</b>		
Fillings (amalgam & composite)	30% coinsurance	\$10 per tooth for amalgam; \$15 per tooth for composite resin restorations (anterior teeth and single, stand alone, facial surface of bicuspid only) \$30 per tooth for posterior composite resin restorations
Sealants	30% coinsurance	\$0
Space Maintainers	30% coinsurance	\$25 copayment
Endodontics (root canal therapy)	30% coinsurance	\$15 per tooth for pulpotomy; \$50 per tooth for root canal therapy
Periodontics (gum maintenance)	30% coinsurance	\$75 for gingivectomy or gingivoplasty for 4 or more contiguous teeth; \$10 for 1 to 3 contiguous teeth
X-rays (periapical)	30% coinsurance	\$0
<b>Major Care</b>		
Waiting Period for New Members	12 Month Waiting Period	12 Month Waiting Period
Crowns, Bridges	30% coinsurance	\$100 high noble metal
Dentures	30% coinsurance	\$175 complete denture \$150 partial denture
Implants	30% coinsurance	Not covered
Orthodontics	Plan pays up to a maximum of \$1,000 paid 25% initially, remaining 75% paid in equal monthly payments over the term of the Treatment Plan, not to exceed thirty-six (36) months	Plan pays up to a maximum of \$1,000 paid 25% initially, remaining 75% paid in equal monthly payments over the term of the Treatment Plan, not to exceed thirty-six (36) months

**\*Enhanced Dental Benefits:** Additional dental services and support is available to enrolled program members for eligible medical conditions. Visit [hmsa.com/oralhealth](https://hmsa.com/oralhealth) for more information

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## Key Terms

Term	Definition
Calendar Year Maximum	The maximum dollar amount the plan will pay toward covered services during a calendar year.
Calendar Year Rollover	A portion of your unused calendar year maximum that may be carried over to the next calendar year when certain conditions are met. This allows you to accumulate benefit dollars to pay for covered services in the next calendar year.
Waiting Period for New Members	The time new members may have to wait until their plan starts paying for certain dental care expenses.

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## BENEFITS AT-A-GLANCE: COMPLEMENTARY CARE

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	Chiropractic Care (B18)*		
	Preferred Provider Plan	CompMed	Health Plan Hawaii Plus**
	Member Cost	Member Cost	Member Cost
Office Visits	\$12 copayment	\$17 copayment	\$20 copayment
Radiology – General Outpatient (e.g. X-ray)	20% coinsurance	20% coinsurance	\$10 copayment

	Acupuncture & Massage Therapy (B18)***		
	Preferred Provider Plan	CompMed	Health Plan Hawaii Plus
	Member Cost	Member Cost	Member Cost
Office Visits	\$20 copayment	\$20 copayment	\$20 copayment

\*For Preferred Provider and Comprehensive Medical plans, chiropractic services are covered under your medical plan after your deductible has been met. The copayment/coinsurance amount will correspond to your medical plan's benefit categories such as doctor visit, physical therapy, and X-ray (see Medical benefits page).

\*\*For Health Plan Hawaii Plus plans, a maximum number of chiropractic visits per calendar year may apply.

\*\*\*A maximum number of visits per calendar year may apply.

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