



An Independent Licensee of the Blue Cross and Blue Shield Association

2026

HMSA Akamai Advantage Dual Care (PPO D-SNP)

Over-the-Counter Health Products and Healthy Food Catalog



Welcome!

Your HMSA Akamai Advantage Dual Care (PPO D-SNP) plan now gives you an allowance each month to buy approved over-the-counter (OTC) health products and healthy food items, and to help pay for home utilities. Eligible items include cold and cough medicines; vitamins; dental, eye, and ear care products; fruits and vegetables, soup and beans; and much more.

Be sure to use your allowance before the end of each month. Use your allowance anytime during the month. Unused amounts are forfeited at the end of each month.

Product availability and pricing may vary throughout the year. For the most up-to-date list of products and a larger selection to choose from, go to **HMSAExtraBenefits.com**. Please allow seven to 10 business days for shipping. There's no shipping charge for items ordered from this catalog or from **HMSAExtraBenefits.com**.

HMSA Akamai Advantage Dual Care is a PPO D-SNP plan with a Medicare contract and is a state of Hawaii Medicaid Managed Care Program. Enrollment in HMSA Akamai Advantage Dual Care depends on contract renewal.

How to Order



Online

Log in at **HMSAExtraBenefits.com** or on the **myTotal Benefits** app on your smartphone. You'll need to enter your:

- HMSA subscriber number (13 digits).
- Date of birth (MM/DD/YYYY).

Click Shop OTC Catalog to view items.



Phone

Call the Extra Benefits Member Services Line at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. Hawaii time. TTY 711.



Mail

Complete the order form and mail it to:

HMSA Catalog Orders
27200 Tournay Road, Suite 450
Valencia, CA 91355

To request additional order forms, call the Extra Benefits Member Services Line at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. Hawaii time. TTY 711.

Important Information

Please keep this catalog for your 2026 benefit year.

- Your allowance is offered at the beginning of each month. Please refer to your *Evidence of Coverage* to confirm your monthly allowance amount.
- Any unused amount of your monthly allowance is forfeited at the end of each month. Be sure to use your full allowance each month as you cannot use or combine future allowance amounts.
- State sales tax will be added to your order total.
- If you've used all your monthly funds, you'll need to wait until the next month when your funds are replenished to make additional orders. Use of a personal credit or debit card isn't allowed.
- Due to the personal nature of the products in this catalog, returns are not accepted. Call **1 (800) 790-6019** toll-free, TTY 711, if you receive a damaged product. The product will be exchanged for an identical one at no cost. Only damaged items can be exchanged within 30 days of purchase; no returns are allowed.
- The products purchased with your allowance are intended for your use only for your health needs. Purchasing products for anyone other than yourself is prohibited.
- Please expect seven to 10 business days for delivery. If an order does not arrive, call **1 (800) 790-6019** toll-free, TTY 711.
- If you disenroll or are otherwise terminated from your HMSA plan, this benefit will automatically terminate.
- Extra Benefits Member Services cannot give you medical advice. If you have a question about a product, talk to your health care provider.
- This information is available for free in other select languages at no cost. Call Extra Benefits Member Services at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. TTY 711.
- Call Extra Benefits Member Services if you need this document in another format such as large font, braille, or audio.
- This catalog doesn't include all available OTC health products and healthy food items. Visit **HMSAExtraBenefits.com** for a complete list.



How to Use HMSAExtraBenefits.com

Fast, easy, and secure 24/7

HMSAExtraBenefits.com and the **myTotal Benefits** mobile app offer many convenient features:

- Browse eligible OTC health products and healthy food items.
- Access a digital copy of the catalog.
- Monitor your allowance balance while you shop.
- Track your order and view your order history.
- Manage your account.

If you need help, call Extra Benefits Member Services at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. TTY 711.

Note: Online orders must be placed before midnight Hawaii time on the last day of the month or you'll forfeit your allowance.

To get started, you must complete a one-time sign up

- Visit **HMSAExtraBenefits.com** or open the **myTotal Benefits** app on your smartphone.
- Click **Sign Up**.

Enter your information exactly as it appears on your HMSA membership card. You'll need:

- HMSA subscriber number
- Date of birth
- Email address
- Phone number

Create a username and password for your account. You only need to do this once. Once completed you can log in with your username and password.

Log in

- Visit **HMSAExtraBenefits.com** or open the **myTotal Benefits** app on your smartphone.
- Enter the last 13 digits of your HMSA subscriber number. Example: A000012345678.
- Enter your date of birth.

Stretch Your Benefit Dollars Further

Choose Medline Brand — Trusted Quality at a Lower Cost

Did you know? Many Medline brand products offer the same active ingredients and benefits as national brand items — **at a lower cost.** By choosing Medline, you get reliable, high-quality items while making the most of your OTC benefit allowance.



**CURAD
Flex-Fabric
Bandages**

Item: 6511



**CURAD
Hydrocortisone
Cream, 1%, 1 oz Tube**

Item: 1059



**Medline
Ibuprofen Tablets
200 mg**

Item: 4201



**Medline
Naproxen Sodium
Tablets 220 mg**

Item: 1205



**Medline Sparkle
Fresh Toothpaste
2.75 oz**

Item: 4110



**CURAD
4% Lidocaine
Pain Patches**

Item: 1320

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----- **SSBCI Eligible Food Items*** -----

The Food and Home Utilities allowance is a special supplemental benefit available only to chronically ill members with eligible chronic conditions like: Diabetes, High Blood Pressure (Hypertension), High Cholesterol (Hyperlipidemia), Cardiovascular Disorders (i.e. Heart Problems), and Stroke. Other conditions may be eligible. For the full list of eligible chronic conditions, see hmsa.com/ExtraBenefits-DualCare. All applicable eligibility requirements must be met before the benefit is provided. Not all members qualify. This benefit is only available on HMSA Akamai Advantage Dual Care (PPO D-SNP).

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* Food items are only available for qualifying Special Supplemental Benefits for the Chronically Ill (SSBCI) eligible members. Not all members qualify to order these items.

Advanced Wound Care

Wound Cleansers



Medline Skintegrity Wound Cleanser 8 oz. 1 Ct
Fast, thorough and gentle cleansing of wounds in all stages
7297
\$10.00

Bedding & Seating Support

Pillows & Cushions



Medline Contoured Lumbar Cushion 1 Ct
Premium foam. Ideal for wheelchairs, car, home, office.
Firm support. 14" x 13".
6006
\$24.00



Medline Invalid Foam Ring Contoured Cushion 1 Ct
Puncture-resistant foam with washable cover. 16" diameter.
3377
\$26.00

Daily Living Aids

Bathroom Aids



Medline Rubber Bath Mat 1 Ct
Suction cups on bottom. 13.4" x 29"
6166
\$16.00



Long Handle Bath Loofah Sponge 1 Ct
1098
\$10.00



Medline 24-Inch Knurled Chrome Grab Bar 1 Ct
Mounts directly to wall with included hardware. 300 lb. capacity.
5001
\$23.00



Medline Handheld Showerhead Kit 1 Ct
Standard spray. Includes diverter valve, wall holder and extra-long 7-foot hose.
7507
\$28.00



Medline Shower Chair with Arms and Back 1 Ct
Helps provide extra stability while bathing. 13.5"D seat. 350 lb. weight cap.
6047
\$53.50



Medline Locking Raised Toilet Seat with Arms 1 Ct
Wide, contoured surface raises seat level by 5". Padded arms. 400 lb. weight capacity.
6043
\$43.00

Dressing Aids



Medline Curved Grip Plastic Shoehorn 1 Ct
17-inches long.
7119
\$9.00

Household Aids



HealthSmart Jar Openers 3 Ct
Set includes jar opener, bottle opener and nonslip silicone circle.
1082
\$9.00



Medline Pistol Grip Reacher 1 Ct
Extends your reach by 2 feet to grasp lightweight objects. 32" long.
2126
\$26.00

Medication Aids



Medicine Pill Bottle Opener with Magnifying Glass 1 Ct
Great for those with arthritis. Built-in 4X magnifier to read small label print.
1986
\$11.50



Medline Pill Cutter and Crusher 1 Ct
Compact size is great for travel. Plastic and stainless steel.
1984
\$12.00



Medline 7-Day Pill Reminder Organizer 1 Ct
4 compartments for each day of the week. 7.5" x 4.25" x 1.1".
1091
\$13.00



Medline 7-Day Pill Organizer 1 Ct
Separate, color-coded compartments for AM/PM doses. 8.75"L x 4.5"W x 0.8"H.
1698
\$15.00

Exercise & Strength Training

Hand & Grip Conditioning














Stress Squeeze Ball 1 Ct
Smiley face design.
7177
\$13.50



Gel Hand Exerciser Ball 1 Ct
1-3/4" palm-sized ball can be heated or frozen. Extra firm resistance. Green.
6180
\$15.00

Adhesive Bandages

	CURAD Flex-Fabric Adhesive Bandages 1x3 Flex-fabric bandages have a woven design that stretches as you move and conforms gently to body contours	100 Ct 4004 \$8.00
	CURAD Flex-Fabric Bandages Breathable woven fabric stretches and moves with you. 4-sided seal. Assorted sizes.	100 Ct 6511 \$8.00
	BAND-AID Flexible Fabric Adhesive Bandages Comfortable protection stretches as you move. 1" x 3"	100 Ct 3713 \$17.50
	Tru-Colour Skin Tone Bandages Flexible fabric. Brown skin tone.	20 Ct 7311 \$8.00
	Tru-Colour Skin Tone Bandages Flexible fabric. Dark brown skin tone.	20 Ct 7312 \$8.00
	Tru-Colour Skin Tone Bandages Flexible fabric. Olive skin tone.	20 Ct 7310 \$8.00
	CURAD QuickStop! Flex-Fabric Bandages Helps stop minor bleeding fast. 0.75" x 2.83"	30 Ct 1063 \$10.00
	CURAD Soothe & Cool Hydrogel Bandages Cools on contact. Soothes, cushions and protects minor burns, blisters and abrasions. Assorted sizes.	8 Ct 1064 \$12.00
	CURAD Plastic Adhesive Bandages Breathable protection with nonstick pad. 2" x 4"	50 Ct 1641 \$12.00
	CURAD Adhesive Bandage Variety Pack First aid essential in assorted sizes.	200 Ct 1891 \$13.00
	CURAD Clear Waterproof Bandages Holds tight even when wet. 4-sided seal. 1" x 3"	100 Ct 1043 \$8.00


Antiseptics & Cleansers

	Medline Hydrogen Peroxide 3% 16 oz. Multi-use first aid antiseptic.	1 Ct 3559 \$6.00
	Medline 70% Isopropyl Alcohol 16 oz. Topical first aid essential.	1 Ct 1073 \$7.00
	Medline Isopropyl Alcohol Prep Pads Medium pad saturated with 70% isopropyl alcohol. 1.125" x 2.375"	200 Ct 1044 \$7.50
	ReadyPrep PVP Povidone Iodine Prep Solution 4 oz. Effective first aid antiseptic.	1 Ct 1077 \$6.50
	Medline Sterile Saline Wound Wash 7.1 oz. Gently cleanses minor cuts, scrapes and burns.	1 Ct 6556 \$17.50

Dressings & Gauze

	Medline Conforming Stretch Gauze Bandage 4" x 75" 1-ply rayon and polyester blend gives the bandages one-way stretch.	1 Ct 1929 \$5.00
	CURAD Sterile Non-Stick Pads Absorbent, non-stick pad protects minor cuts, scrapes. Medium 3" x 4"	20 Ct 1637 \$10.00
	Medline Sterile Cotton Gauze Bandage Gently stretches to conform to contours. 4.5" x 4.1 yd. roll.	1 Ct 1068 \$4.50
	Medline Woven Cotton Gauze Sponges 4" x 4" 12-ply gauze squares. Individual 2-packs. Sterile.	50 Ct 4009 \$7.50

Elastic Bandages

	Medline Nonsterile Matrix Elastic Bandage Easy to wrap. 2" x 5 yd. roll (stretched).	1 Ct 1446 \$5.50
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Medline Nonsterile Matrix Elastic Bandage

Easy to wrap. 3" x 5 yd. roll (stretched).

1 Ct
2101
\$6.00



CURAD Premium Self-Stick Cohesive Wrap

Strong compression with foam-like texture. Nonsterile. 2" x 5 yd. roll.

1 Ct
6015
\$6.00

First Aid Kits



CURAD 30-Piece Mini First Aid Kit

Travel-size bandages, wipes, antibiotic ointment.

1 Kit
3435
\$7.50



CURAD 175-Piece Complete First Aid Kit

Bandages, alcohol swabs, gloves, tweezers, finger splint and more.

1 Kit
1056
\$17.00

Tapes



CURAD Heavy-Duty Cloth Medical Tape

Firmly holds dressings and splints in place. 1" x 10 yd. roll.

1 Ct
1931
\$7.00



CURAD Waterproof Adhesive Medical Tape

Tough cotton cloth plus strong adhesive to hold tight. 1/2" x 10 yd. roll.

1 Ct
6016
\$10.00

Wound Ointments, Gels & Pastes



CURAD Triple Antibiotic + Pain Relief Ointment 1 oz.

Helps promote healing and reduce pain. Bacitracin, neomycin, polymyxin B, pramoxine. Max strength.

1 Ct
1925
\$8.00



Neosporin + Pain Relief Antibiotic Ointment 1 oz.

No sting. Bacitracin, neomycin, polymyxin B, pramoxine.

1 Ct
6719
\$18.50



Sheffield Scar Gel 0.7 oz.

Compare to active ingredient in Mederma Advanced Scar Gel.

1 Ct
7322
\$9.00

Hearing Aids & Amplifiers

Hearing Amplifiers



Medline Digital Hearing Amplifier

Battery-powered, behind-the-ear style with 4-level volume control.

1 Ct
3731
\$25.00

Home Essentials

Air Quality & Ventilation



Habitat Cool Mist Ultrasonic Humidifier

Compact and whisper quiet with LED light. 2.5L tank. For rooms up to 300 sq. ft.

1 Ct
5032
\$42.00

Bathroom Essentials



Medline Premium Female Urinal

Translucent plastic.

1 Ct
1327
\$16.00



Medline Supreme Male Urinal

Holds 32 oz./1,000 mL.

1 Ct
1328
\$17.00

Home Test & Monitoring

Blood Pressure & Accessories



HealthSmart Digital Std Blood Pressure Monitor

One-button operation. Stores 60 readings for 2 people. Auto adult arm cuff.

1 Ct
5034
\$38.00



Automatic Wrist Blood Pressure Monitor

High-contrast LCD screen. 120-reading memory storage with date/time stamp. Talks in English or Spanish.

1 Ct
6570
\$43.00



Medline Digital Blood Pressure Monitor

Stores 90 measurements for 2 users. Universal cuff (8.7"-16.5" arm circumference) AC power adapter and batteries.

1 Ct
1099
\$53.00

Oximeters



Medline Soft Touch Fingertip Pulse Oximeter

Quickly reads SpO2 and heart rate. Large LCD display.

1 Ct
6252
\$35.00



HealthSmart Fingertip Pulse Oximeter

Measures pulse rate and SpO2. Black display with red numbers.

1 Ct
1387
\$30.00

Scales




DMI Precision Digital Kitchen Scale

Tare function. Measures oz., lb., gram, mL. Max 11 lb. weight. 7.15" x 5.5" x 0.57".

1 Ct
7335
\$26.00

Test Kits




iHealth COVID-19 Antigen Home Test Kit

Results in just 15 minutes.

2 Ct

7336

\$25.00



HealthyMe UTI Test Strips


Easy at-home test with results in just 2 minutes.

3 Ct

3721

\$15.00

Thermometers & Accessories



Medline Infrared Talking Ear/Forehead Thermometer

Reading in just 1 second. Results in your choice of 6 languages.

1 Ct

1100

\$35.00




Medline Infrared No-Touch Forehead Thermometer

Takes body and surface temps from 1-inch away.

1 Ct

1094

\$52.50



Medline Oral Digital Thermometer

Results in 30 seconds. One-piece, snap-on protective cover.


1 Ct

1089

\$7.00

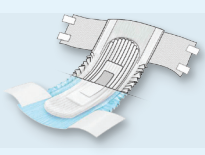
Incontinence

Bladder Pads




One-size fits all

Briefs



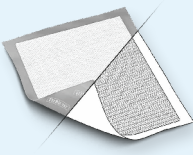
Select your waist-size for best fit

Protective Underwear



Select your waist-size for best fit


Underpads



Select from various sizes

Additional incontinence products, including more sizes, absorbency levels, and counts are available at [HMSAExtraBenefits.com](https://www.hmsaextrabenefits.com).

Bladder Pads




Medline FitRight ActivEdge Guards for Men

Extra protection where a man needs it. Max absorbency. 5.9" x 12.6".

52 Ct

1411


\$19.00



Medline FitRight Unisex Bladder Pads

Leak-Stop Guards.

Light absorbency. 4.5" x 11"	20 Ct	8069	\$9.00
Moderate absorbency. 4.5" x 12.5"	20 Ct	1338	\$9.00
Maximum absorbency. 5" x 14.5"	10 Ct	1339	\$9.00




Medline FitRight ActivEdge Bladder Pads

Contoured shape with fabric-like backsheet.

Light absorbency 3.5" x 9"	20 Ct	1412	\$8.00
Moderate absorbency 4" x 11"	16 Ct	1413	\$7.50
Maximum absorbency 5" x 14"	10 Ct	1414	\$9.00
Ultimate absorbency 6" x 16"	10 Ct	1415	\$8.00


Briefs



Medline FitRight OptiFit Extra Disposable Briefs

Cloth-like adult diaper with skin-safe tabs. Extra absorbency.

Extra absorbency S (20"-32" waist)	20 Ct	1791	\$16.00
Extra absorbency M (32"-44" waist)	20 Ct	1789	\$16.00
Extra absorbency L (44"-56" waist)	20 Ct	1788	\$17.00
Extra absorbency XL (56"-64" waist)	20 Ct	1792	\$17.00
Extra absorbency 2XL (60"-70" waist)	20 Ct	1793	\$18.00




Medline FitRight OptiFit Ultra Disposable Briefs

Cloth-like adult diaper with soft anti-leak guards. Ultra absorbency.

Ultra absorbency S (20"-32" waist)	20 Ct	1425	\$23.00
Ultra absorbency M (32"-44" waist)	20 Ct	1113	\$23.00
Ultra absorbency L (44"-56" waist)	20 Ct	1112	\$23.00
Ultra absorbency XL (56"-64" waist)	20 Ct	1114	\$23.00
Ultra absorbency 2XL (60"-70" waist)	20 Ct	1423	\$23.00

Protective Underwear



Medline FitRight ActivEdge Underwear for Men

Extra protection where a man needs it. Max absorbency.

Max absorbency S/M (28"-40" waist)	20 Ct	1416	\$18.00
Max absorbency L/XL (40"-56" waist)	20 Ct	1417	\$18.00



Medline FitRight Ultra Disposable Underwear
Pull-on fits & feels like real underwear. Ultra absorbency.

Ultra absorbency M (28"-40" waist)	20 Ct	1852	\$16.00
Ultra absorbency L (40"-56" waist)	20 Ct	1850	\$18.00
Ultra absorbency XL (56"-68" waist)	20 Ct	1854	\$17.00



Medline FitRight ActivEdge Underwear for Women
Odor & leak protection. Max absorbency.

Max absorbency S/M (28"-40" waist)	20 Ct	1418	\$18.00
Max absorbency L/XL (40"-56" waist)	20 Ct	1419	\$18.00

Underpads



Medline FitRight Underpads 15 Ct
Fluff/polymer core plus waterproof backing. Moderate absorbency. 23" x 36".
1615
\$10.50



Medline FitRight Ultra Underpads 10 Ct
Fluff/polymer core for absorbency and odor control. Heavy absorbency. 30" x 36".
1619
\$10.50



Medline Pro Plus Best Polymer Underpads 150 Ct
Disposable, all-purpose pad with absorbent SAP polymer core. 23" x 36".
4053
\$63.00



Medline Disposable Deluxe Fluff Underpads 36x36 50 Ct
Disposable, all-purpose pad provides coverage and protection for chairs, wheelchairs, beds and more
3633
\$53.00



Medline Sofnit 300 Reusable Twill Underpad 1 Ct
Absorbent 55% cotton/45% poly with vinyl back. Machine wash. Pink. 34" x 36".
1614
\$13.00

Medical Nutrition

Nutritional Supplements



Nestle Boost Nutritional Drink Original 8 oz. 24 Ct
10 g protein. 27 vitamins and minerals. Rich chocolate flavor.
3560
\$62.00



Nestle Boost Nutritional Drink Original 8 oz. 24 Ct
10 g protein. 27 vitamins and minerals. Very vanilla flavor.
2178
\$62.00



Ensure Original Nutrition Shake 8 oz. 1 Ct
220 calories, 9 g protein. Milk chocolate.
6836
\$9.00



Ensure Original Nutrition Shake 8 oz. 1 Ct
220 calories, 9 g protein. Strawberry.
6837
\$8.00



Ensure Original Nutrition Shake 8 oz. 1 Ct
220 calories, 9 g protein. Vanilla.
6838
\$8.00



Glucerna Nutritional Shake 8 oz. 24 Ct
180 calories, 10 g protein. Chocolate.
4098
\$83.00



Glucerna Nutritional Shake 8 oz. 24 Ct
180 calories, 10 g protein. Vanilla.
4097
\$83.00



Marcel's 4GEN Nutrition Shake 8 oz. 24 Ct
9 g protein, 220 calories. Shelf-stable. Chocolate flavor.
5028
\$48.00



Marcel's 4GEN Nutrition Shake 8 oz. 24 Ct
9 g protein, 220 calories. Shelf-stable. Vanilla flavor.
5029
\$48.00

Medications Over the Counter

Allergy & Sinus



Medline Cetirizine Allergy Relief Tablets 10 mg 30 Ct
24-hour relief. Compare to the active ingredient in Zyrtec.
1866
\$9.00



Medline Cetirizine Allergy Relief Tablets 10 mg 90 Ct
24-hour relief. Compare to the active ingredient in Zyrtec.
1012
\$12.00



Zyrtec Cetirizine Allergy Antihistamine Tablets 10 mg 30 Ct
For indoor and outdoor allergies.
8241
\$30.00



Benadryl Allergy Ultratabs 25 mg 48 Ct
Helps relieve hay fever, allergy symptoms. Small, easier-to-swallow tablets.
6160
\$18.50



Diphenhydramine Antihistamine Tablets 25 mg
Compare to the active ingredient in Benadryl Allergy Ultratabs.

100 Ct
1776
\$9.50



Allegra Allergy Fexofenadine 24Hr Tablets 180 mg
Non-drowsy.

30 Ct
6031
\$30.50



Fexofenadine 24-Hour Allergy Relief Tablets 180 mg
Non-drowsy. Compare to the active ingredient in Allegra Allergy.

30 Ct
1015
\$18.00



GoodSense Non-Medicated Vapor Inhaler
Compare to Vicks VapoInhaler.

1 Ct
6661
\$8.50



Claritin 24-Hr Antihistamine Allergy Tablets 10 mg
Helps relieve indoor and outdoor allergy symptoms.

30 Ct
3842
\$38.00



GeriCare Loratadine 24-Hr Non-Drowsy Allergy Relief Tablets 10 mg
Compare to the active ingredient in Claritin.

30 Ct
1013
\$10.00



Fluticasone Propionate Nasal Spray 50 mcg
Non-drowsy 24-hour relief. Compare to the active ingredient in Flonase. 120 metered doses.

1 Ct
1024
\$18.50



FLONASE 24-Hour Allergy Relief Nasal Spray
Non-drowsy. 72 metered sprays.

1 Ct
6665
\$26.50



CURAD Breathe Clear Nasal Strips
Helps open nose and relieve nasal stuffiness. 1" x 2.5".

30 Ct
5008
\$11.50



Major 12-Hour Nasal Decongestant Spray 30 mL
Compare to the active ingredient in Afrin Original Nasal Spray.

1 Ct
6028
\$7.00



Reliable-1 Saline Nasal Spray 3 oz.
Compare to the active ingredient in Ocean.

1 Ct
1033
\$11.50

Anti-Fungal & Anti-Itch



Kerasal Fungal Nail Renewal Ointment 0.33 oz.
Results in just 2 days.

1 Ct
7910
\$34.00



CareAll 1% Clotrimazole Antifungal Cream 1 oz.
Compare to the active ingredients of Lotrimin AF.

1 Ct
2302
\$9.50



Sheffield Antifungal Cream 1.25 oz.
Compare to the active ingredient in Tinactin.

1 Ct
1143
\$8.50



Medline Remedy Clinical Antifungal Ointment 2.5 oz.
2% miconazole nitrate for treatment of athlete's foot, jock itch. Unscented.

1 Ct
3707
\$11.00



Benadryl Extra Strength Itch Stopping Cream 1 oz.
Cooling relief for most outdoor itches. 2% diphenhydramine.

1 Ct
6035
\$10.00



CURAD Hydrocortisone 1% Anti-Itch Cream 1 oz.
Helps reduce eczema, psoriasis and other skin condition symptoms.

1 Ct
1059
\$7.00



Scalpicin Max Strength Scalp Itch Relief Liquid 1.5 oz.
1% hydrocortisone.

1 Ct
7413
\$19.00

Cough, Cold & Flu



CareAll Medicated Chest Rub 3.53 oz.
Compare to the active ingredients in Vicks VapoRub.

1 Ct
1026
\$8.50



Theraflu Flu Relief Max Strength Powder Packets
Honey lemon flavor.

6 Ct
6673
\$22.00



Major High Blood Pressure Cough & Cold Tablets
Compare to the active ingredients in Coricidin HBP Cough & Cold.

16 Ct
2079
\$8.50



GoodSense Cold Max Day/Night Cold Relief Caplets
Multi-symptom relief. 12 daytime caplets/8 nighttime caplets.

20 Ct
1018
\$10.00














Mucinex DM 12-Hr Expectorant & Cough Tablets
600 mg guaifenesin, 30 mg dextromethorphan.

20 Ct
6671
\$24.50










Zicam Cold Remedy Zinc Rapidmelts
Homeopathic quick-dissolve tablets. Non-drowsy. Citrus flavor.

25 Ct
6670
\$20.00

	GoodSense Nighttime Cough Cold Flu Medicine 12 oz. Compare to the active ingredients in Vicks NyQuil Cold & Flu. Cherry flavor.	1 Ct 1870 \$11.00
	GoodSense Day Cold Flu Multi-Symptom Liquid 12 oz. Alcohol-free. Compare to the active ingredients in Vicks DayQuil Cold & Flu.	1 Ct 1867 \$11.00
	GoodSense Cough Drops 7.5 mg menthol. Compare to the active ingredient in Halls. Honey lemon flavor.	25 Ct 1546 \$9.50
	GoodSense Cough Drops 5.8 mg menthol. Cherry flavor. Compare to the active ingredient in Halls.	30 Ct 1020 \$8.00
	GoodSense Cough Drops 7.5 mg menthol. Compare to the active ingredient in Halls. Honey lemon flavor.	30 Ct 1600 \$9.50
	Luden's Wild Cherry Throat Drops Soothes everyday throat irritation. 2.8 mg pectin.	90 Ct 3908 \$14.00
	GeriCare Guaiasorb DM Expectorant Cough Suppressant 4 oz. Sugar-free, alcohol-free, dye-free. 200 mg guaifenesin, 20 mg dextromethorphan.	1 Ct 3695 \$10.00
	Geri-Tussin DM Cough Suppressant Expectorant 16 oz. Compare to the active ingredients in Robitussin DM.	1 Ct 3708 \$11.50
	Robitussin DM Cough and Chest Congestion Medicine 4oz Raspberry Flavor	1 Ct 1489 \$19.00
	Guaifenesin Mucus Relief Tablets 400 mg Helps thin and loosen mucus and relieve chest congestion.	100 Ct 1028 \$10.50
	Major Sugar-Free Sore Throat Spray 6 oz. Cherry flavor. Compare to the active ingredient in Chloraseptic.	1 Ct 1602 \$10.50




















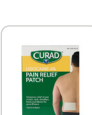




Medicated Treatments


	Abreva Cold Sore Treatment 2 g FDA-approved medicated cream with 10% docosanol helps shorten healing time.	1 Ct 1011 \$41.00
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	Cold Sore Docosanol 10% Cream 2 g Compare to the active ingredient in Abreva.	1 Ct 1556 \$31.00
	GoodSense Medicated Lip Balm Treatment Palm-sized tin fits easily in your pocket. Pack of 2.	2 Ct 1158 \$8.50
	MG217 Psoriasis Medicated Multi-Symptom Ointment 3.8 oz. 2% coal tar.	1 Ct 7692 \$14.50
	Swan Eczema Moisturizing Cream 7.3 oz. 1% colloidal oatmeal. Fragrance-free.	1 Ct 1557 \$9.00
	CURAD Mediplast Wart Remover Pad Helps remove warts, corns, calluses. 40% salicylic acid. 2" x 3".	1 Ct 1132 \$5.50
	CURAD Mediplast Wart Remover Pad Helps remove warts, corns, calluses. 40% salicylic acid. 2" x 3".	25 Ct 1317 \$32.00

Pain & Fever Relief

	GoodSense Arthritis Pain Caplets 650 mg Compare to the active ingredient in Tylenol 8HR Arthritis Pain.	100 Ct 1186 \$15.00
	Night Time XStrength Pain Reliever Sleep Aid Caplets Compare to the active ingredients in Tylenol PM.	100 Ct 2301 \$9.00
	Medline Acetaminophen Tablets 325 mg Pain reliever and fever reducer.	100 Ct 7424 \$11.00
	Medline Acetaminophen Tablets 500 mg Pain reliever and fever reducer.	100 Ct 7425 \$12.00
	Tylenol Cold + Head Severe Congestion Caplets 325 mg acetaminophen, 200 mg guaifenesin, 5 mg phenylephrine.	24 Ct 6698 \$14.50
	Tylenol Extra Strength Caplets 500 mg Helps relieve tension headaches, minor arthritis pain and more.	100 Ct 3874 \$21.00

	After Bite Bug Itch Relief Pen 0.5 oz. Advanced formula with baking soda helps relieve itch from mosquitoes, bees.	1 Ct 1886 \$10.50		Advil Ibuprofen Tablets 200 mg NSAID pain reliever, fever reducer. Coated.	100 Ct 6171 \$24.00
	Medline Low-Dose Chewable Aspirin Tablets 81 mg Compare to the active ingredient in Bayer Low Dose. Orange flavor.	36 Ct 1715 \$5.50		Theraworx Foot Cramp Relief Roll-On 2.5 oz. Fast-acting formula with convenient, no-touch application. No strong odor.	1 Ct 1309 \$26.00
	Medline Extra Strength Pain Relief Tablets 250 mg acetaminophen, 250 mg aspirin plus 65 mg caffeine.	100 Ct 1207 \$9.50		Medline ActivICE Topical Pain Reliever Roll-On 3oz. Fast-acting muscle ache relief. Compare to the active ingredients in Biofreeze.	1 Ct 2033 \$14.00
	Medline Low-Dose Enteric Aspirin Tablets 81 mg Coated for easier swallowing. Compare to the active ingredient in Bayer Low Dose.	120 Ct 1190 \$9.00		Medline ActivICE Topical Pain Reliever Gel 4 oz. Fast-acting muscle ache relief. Compare to the active ingredients in Biofreeze.	1 Ct 2221 \$13.00
	Bayer Low Dose Aspirin Tablets 81 mg Low dose aspirin made for adults whose doctor recommends a low dose aspirin regimen. Safety coated.	120 Ct 6707 \$15.00		Medline ActivICE Topical Pain Reliever Spray 4 oz. Fast-acting muscle ache relief. Compare to the active ingredients in Biofreeze.	1 Ct 2034 \$15.50
	Excedrin Migraine Caplets 250 mg acetaminophen, 250 mg aspirin and 65 mg caffeine.	100 Ct 3873 \$23.00		Aspercreme Lidocaine Pain Relief Cream 2.7 oz. Numbs away pain. Non-greasy formula rubs in easily.	1 Ct 1187 \$17.00
	Low-Dose Enteric-Coated Aspirin Tablets 81 mg Compare to the active ingredient in Bayer Low Dose Aspirin.	300 Ct 1191 \$12.00		Biofreeze Cold Therapy Pain Relief Gel 3 oz. Vanishing scent. Gel roll-on.	1 Ct 8663 \$18.50
	Medline Burn Spray with Aloe Vera 4 oz. No-sting, pain relieving formula for sunburn and itch relief.	1 Ct 6008 \$10.00		Dr. Reddy's Arthritis Pain Relief Gel 3.53 oz. Compare to the active ingredient in Voltaren Arthritis Pain Gel.	1 Ct 6172 \$16.00
	GoodSense Hemorrhoid Ointment 2 oz. Compare to the active ingredients in Preparation H Hemorrhoidal Ointment.	1 Ct 1195 \$9.00		Voltaren Arthritis Pain Relief Gel 1.7 oz. Full prescription strength 1% diclofenac sodium. Clean scent.	1 Ct 6718 \$19.00
	Preparation H Hemorrhoidal Cream 0.9 oz. Multi-symptom pain relief formula.	1 Ct 1349 \$17.00		CURAD 4% Lidocaine Pain Patches Provides targeted, temporarily relief of pain in the back, neck, shoulders, knees and elbows	5 Ct 1320 \$7.50
	GoodSense Hemorrhoidal Suppositories Compare to the active ingredient in Preparation H hemorrhoidal suppositories.	12 Ct 2225 \$10.50		Cooling Menthol Lavender Migraine Headache Pads Fast, cooling headache relief that lasts up to 12 hours. Single use. 4.3" x 2".	4 Ct 1203 \$11.00
	Medline Ibuprofen Tablets 200 mg NSAID pain reliever and fever reducer. Coated for easier swallowing.	100 Ct 4201 \$7.50		Salonpas 4% Lidocaine Gel Pain Relieving Patch Maximum strength relief for up to 8 hours. Unscented. 4" x 5.5".	6 Ct 2262 \$19.50




Salonpas Pain Relieving Patch

3 pain fighters work at site of pain. Single-use. Large 5.67" x 3.62".

6 Ct

1208

\$11.00




Aleve Naproxen Sodium Caplets 220 mg

Pain reliever and fever reducer.

90 Ct

1326

\$20.50




Medline Naproxen Sodium Tablets 220 mg

Relief for up to 12 hours. Compare to the active ingredient in Aleve.

100 Ct

1205

\$12.50




Anbesol Max Strength Pain Relief Gel 0.33 oz.

Maximum strength 20% benzocaine.

1 Ct

6715

\$14.00



Geri-Care Max Strength Toothache Oral Pain Gel 0.5 oz.


20% benzocaine. Compare to Orajel Maximum Toothache and Oral Pain Relief.

1 Ct

1555

\$9.50

Stomach Remedies




Reg Strength Alkum Antacid Chewable Tablets 500 mg

Compare to the active ingredients in Tums. Assorted fruit flavors.

150 Ct

1218

\$11.00




GoodSense Effervescent Pain Relief Tablets

Compare to the active ingredients in Alka-Seltzer.

36 Ct

1216

\$11.50




TUMS Ultra Strength Chewable Antacid Tablets

750 mg calcium carbonate. Berry flavor.

72 Ct

7476

\$17.50




TUMS Smoothies Extra Strength Antacid Tablets

750 mg calcium carbonate. Berry fusion flavor.

140 Ct

6193

\$18.00




Guardian PinkBismuth Stomach Relief Liquid 8 oz.

Compare to the active ingredient in Pepto-Bismol.

1 Ct

1221

\$12.00




Geri-Lanta Antacid & Antigas Liquid 12 oz.

Compare to the active ingredients in Regular Strength Mylanta.

1 Ct

1217

\$12.00



Pepto Bismol Liquid 16 oz.

5 symptom relief. Original formula.

1 Ct

7909

\$18.00




Imodium A-D Anti-Diarrheal Caplets 2 mg

Helps control symptoms of diarrhea including Travelers' Diarrhea.

24 Ct

6102

\$20.50



Quality Plus Anti-Diarrheal Loperamide Caplets

Compare to the active ingredient in Imodium A-D Anti-Diarrheal.

24 Ct

6113

\$9.00



GeriCare Chewable Simethicone Gas Relief Tablets 80 mg

Mint flavor.

100 Ct

1731

\$13.00




Bisacodyl Laxative Tablets 5 mg

Enteric coated.

100 Ct

4144

\$9.00




Docusate Sodium Stool Softener Softgels 100 mg

Compare to the active ingredients in Colace regular strength stool softener.

100 Ct

1240

\$9.00




GoodSense Epsom Salt 4 lb.

Use in bath to help relax muscles. Unscented.

1 Ct

1910

\$17.00




Major Lactase Dairy Digestive Aid Caplet 3,000 FCC

Compare to the active ingredient in Lactaid Fast Act.

60 Ct

1732

\$13.50




GeriCare Milk of Magnesia 12 oz.

Compare to the active ingredient in Philips' Milk of Magnesia.

1 Ct

1231

\$9.00




Quality Plus Motion Sickness Relief Dimenhydrinate Tablets 50 mg

Dimenhydrinate for nausea relief.

12 Ct

6098

\$7.00




MiraLAX Laxative Powder 4.1 oz.

Dissolves in any beverage. Grit-free. 7 doses. Unflavored.

1 Ct

6733

\$16.00




GoodSense ClearLax Powder Laxative 17.9 oz.

Grit-free, unflavored powder. Compare to the active ingredient in MiraLAX.

1 Ct

2060

\$18.00



Medline Pure & Gentle Saline Enema Laxative 4.5 oz.

Ready-to-use, soft squeeze bottle with lubricated comfort tip. Single use.

1 Ct

1237

\$6.00



Medline Senna Natural Laxative Tablets 8.6 mg

Compare to the active ingredients in Senokot.

100 Ct
1234
\$8.00

Stop Smoking



GoodSense Stop Smoking Nicotine Gum

4 mg. Compare to the active ingredient of Nicorette gum.

50 Ct
7500
\$24.00

Mobility

Canes & Crutches



Medline Folding T-Handle Aluminum Cane

Compact folding design fits into a purse, suitcase. Weighs only 1 lb. yet supports 250 lbs.

1 Ct
5013
\$21.00

Fall Prevention



Folding Fall Mat

Helps reduce risk of injury from a fall from bed. 24" x 66" x 2".

1 Ct
3977
\$105.00

Walkers & Rollators



Medline Basic Steel Rollator

Padded backrest and 12" x 12" seat. 6" wheels. Burgundy.

1 Ct
6044
\$63.00

Personal Care Essentials

Bath & Body Care



Aveeno Daily Moisturizing Body Wash 18 oz.

Soap-free, dye-free and hypoallergenic.

1 Ct
1363
\$17.50



Medline Spectrum Advanced Hand Sanitizer Gel 2 oz.

Moisturizing formula with 70% ethyl alcohol.

1 Ct
8466
\$6.00



Medline Spectrum Advanced Hand Sanitizer Gel 8 oz.

Moisturizing formula with 70% ethyl alcohol.

1 Ct
4170
\$9.00



Pyrithione Zinc Dandruff Shampoo Conditioner 14.2 oz.

Compare to the active ingredients in Head & Shoulders 2-in-1 Classic Clean.

1 Ct
2164
\$12.00

Beauty & Cosmetics



Simply Soft Premium Cotton Rounds

100% pure, natural, lint-free cotton. Gentle on skin, yet strong and durable.

300 Ct
6861
\$13.00



Simply Soft 100% Cotton Swabs

Premium swabs for beauty care and first aid.

300 Ct
1647
\$10.00



Q-Tips Cotton Swabs

Flexible paper stick with soft cotton tips.

300 Ct
6863
\$10.50

Cleansing Wipes



Medline FitRight Aloe Personal Wipes

Gentle aloe-based formula. Standard weight. 8" x 10". Scented.

100 Ct
1103
\$10.00



Medline FitRight Aloe Personal Wipes

Gentle aloe-based formula. Standard weight. 8" x 10". Unscented.

100 Ct
1858
\$12.00



Cottonelle Flushable Wipes

Biodegradable, flushable, alcohol-free. 168 wipes in softpack.

168 Ct
3786
\$17.00



ReadyFlush JR Biodegradable Flushable Wipes

Safe for sewer and septic systems. 7" x 8". Unscented.

40 Ct
3948
\$7.50

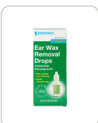


Medline Remedy Clinical Barrier Cream Cloths

Botanical formula with 3.6% dimethicone skin protectant. 8" x 12". Scented.

8 Ct
1466
\$6.00

Ear & Eye Care



Dr. Sheffield's Ear Wax Removal Drops 15 mL

6.5% carbamide peroxide solution. Compare to the active ingredient in Debrox.

1 Ct
1035
\$9.50



Bausch + Lomb Alaway Allergy Eye Drops 10 mL

Acts in minutes to provide up to 12 hours of relief.

1 Ct
2241
\$31.00



Artificial Tears Lubricant Eye Drops 0.5 oz

Compare to the active ingredients in Visine Tears Eye Drops.

1 Ct
1630
\$10.00



Refresh Tears Lubricant Eye Drops 15 mL
Immediate, soothing relief for dry eyes. 0.5% carboxymethylcellulose sodium.

1 Ct
3963
\$23.00



Refresh Tears Lubricant Eye Drops 15 mL
Immediate, soothing relief for dry eyes. 0.5% carboxymethylcellulose sodium.

2 Ct
2256
\$32.00



Refresh Plus Lubricant Eye Drops Single Containers
Immediate, soothing relief for dry eyes, LASIK dryness.

30 Ct
1631
\$24.00



Bausch & Lomb Sensitive Eyes Plus Saline Solution 12 oz.
Extra-gentle contact solution, pH-balanced formula with potassium, an ingredient found in natural tears.

1 Ct
5059
\$12.00

Feminine Care



Medline FitRight Panty Liners
Very light absorbency. Individually wrapped. 7" long.

40 Ct
6157
\$11.00



Kotex Daily Panty Liners Regular
Light protection with Xpress Dri. Unscented.

64 Ct
5010
\$11.00

Foot Care



Medline Gel Hallux Bunion Guard
Washable, reusable and hypoallergenic.

1 Ct
1440
\$9.00



Medline Adjustable Heel Lift
3 layers of foam. Fits right or left foot. Size medium.

1 Ct
6883
\$12.50



GoodSense Moleskin Plus Sheets
4-1/8" x 3-3/8". Trim to fit. Compare to Dr. Scholl's.

4 Ct
1469
\$9.00

Intimate Skin Care



Theraworx Harmony Feminine Foam Wash 7.1 oz.
No-rinse, pH balanced formula. Fragrance-free.

1 Ct
1308
\$23.00

Oral Care



Gum Soft-Picks Original Dental Picks
Gently helps remove food and plaque between teeth.

50 Ct
3784
\$9.00



Medline SparkleFresh Denture Adhesive Cream 2.4 oz.
Compare to Fixodent.

1 Ct
2227
\$8.00



Fixodent Complete Denture Adhesive Cream 0.75 oz.
Holds strong. Original formula.

1 Ct
2321
\$7.00



Medline 2-Sided Denture Brush
Large brush head removes food and stains. Small, angle-trimmed brush head for hard-to-reach areas.

1 Ct
6919
\$6.00



Effervescent Denture Cleanser Tablets
Compare to the active ingredient in Efferdent.

90 Ct
1155
\$12.00



Polident Rapid Clean Denture Cleanser Tablets
Ultra-fast deep clean.

102 Ct
8662
\$21.00



Medline Denture Container with Lid
Aqua with clear lid. 8 oz.

1 Ct
2098
\$5.00



Colgate 360 Power Battery Powered Toothbrush
4-way clean. One AA battery included.

1 Ct
6192
\$20.00



Conair InterPlak Rechargeable Cordless Toothbrush
Recharges on its own compact storage base.

1 Ct
5003
\$28.00



Freshmint Waxed Dental Floss 100 yd.
Mint flavor.

1 Ct
1154
\$7.00



Oral-B Glide Pro-Health Deep Clean Dental Floss
Silky smooth. Cool mint. Pack of 3 43-yd. rolls.

3 Ct
3779
\$19.50



Dental Flossers
Cleans between teeth to remove food and plaque.

90 Ct
7655
\$7.00



Colgate Adult Toothbrush
Soft bristles.

1 Ct
6196
\$5.50



Colgate Extra Clean Adult Toothbrush
Medium bristles.

1 Ct
6929
\$5.50



Medline Super Soft Adult Toothbrush
Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.

1 Ct
1163
\$5.00



Medline Adult Toothbrush
Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.

1 Ct
1883
\$5.50



Biotene Dry Mouth Moisturizing Spray 1.5 oz.
Refreshing gentle mint flavor.

1 Ct
1482
\$20.00



Biotene Alcohol-Free Dry Mouth Mouthwash 16 oz.
Soothing moisturization without burning. Relief for up to 4 hours. Fresh mint.

1 Ct
1410
\$17.00



Listerine Antiseptic Mouthwash 1.5 L
Cool mint.

1 Ct
6067
\$16.50



Colgate 360 Sonic Replacement Brush Heads
Deep reach design with soft bristles.

2 Ct
1151
\$16.00



InterPlak Rechargeable Toothbrush Replacement Head
Push on and click in place.

2 Ct
5009
\$19.00



Colgate Fluoride Toothpaste 4 oz.
Great regular flavor.

1 Ct
6943
\$6.00



Colgate Triple Action Toothpaste 6 oz.
3-in-1 formula for cavity protection, whiter teeth and fresh breath.

3 Ct
3749
\$18.00



Crest Sensi-Relief Toothpaste 6 oz.
Mint flavor.

1 Ct
6076
\$12.00



Medline SparkleFresh Toothpaste 2.75 oz.
Fluoride to help protect against cavities. Travel-size. Mint flavor.

1 Ct
4110
\$5.00



HealthSmart Cordless Water Flosser
Includes 4 tips.

1 Ct
1385
\$58.00



Conair Interplak Dental Water Jet
Cordless, battery operated water jet flushes out plaque and food debris.

1 Ct
5007
\$48.00

Skin Care



MyDerm Aloe Gel 16 oz.
Cools and soothes skin. Helps restore moisture.

1 Ct
2045
\$14.50



After Sun Aloe Gel 20 oz.
With 0.5% lidocaine.

1 Ct
7684
\$14.00



Gold Bond Diabetic Dry Skin Lotion 13 oz.
Non-greasy. Fragrance-free.

1 Ct
3746
\$21.00



Medline Remedy Clinical Lip Balm
Soothes and protects with shea butter, aloe, botanicals and jojoba oil. Citrus flavor.

1 Ct
3436
\$10.00



Carmex Classic Lip Balm 0.35 oz.
Moisturizing cocoa butter plus cooling camphor and menthol.

1 Ct
6913
\$6.50



CURAD Petroleum Jelly 1 oz.
Versatile skin protectant moisturizes dry, rough skin.

1 Ct
4172
\$5.00



CareAll Petroleum Jelly 13 oz.
Moisturizes rough, dry, chapped skin.

1 Ct
1076
\$12.50



Medline Remedy Specialized Skin Cream 4 oz.
All-over body cream with 1.5% dimethicone. Scented.

1 Ct
1247
\$11.00



Jergen's Ultra Healing Dry Skin Moisturizer 32 oz.
Repairs and heals extra dry skin with vitamins C, E and B5.

1 Ct
7688
\$29.00



CURAD Vitamin A&D Ointment 2 oz.
Skin protectant helps protect against wetness.

1 Ct
1106
\$7.00



Aquaphor Healing Ointment Dry Skin Moisturizer 7 oz.
Trusted by dermatologists to protect and help heal dry, chapped or cracked skin. Hypoallergenic, fragrance-free.

1 Ct
6965
\$21.00

Protection Wear

Face Covering



Medline ASTM Level 1 3-Ply Face Mask
Lightweight, medical-grade mask with ear loops. Blue.

50 Ct
3605
\$11.00

Recovery & Rehabilitation

Braces & Supports



CURAD IRONMAN Infrared Back Support
With hot and cold compress. Black. One size.

1 Ct
7023
\$40.00



CURAD Universal Elastic Back Support
Low-profile with removable stays. Side-pull panels for all-around compression. Hook-and-loop closure.

1 Ct
4167
\$21.00



CURAD IRONMAN Elastic Pull-Over Ankle Support
Targeted compression plus infrared technology. L/XL (13"-17" around heel and instep).

1 Ct
6004
\$19.50



CURAD Pull-Over Ankle Support
Open heel. Universal size.

1 Ct
7012
\$13.50



CURAD Wraparound Wrist Support
Breathable neoprene compression for carpal tunnel, tendonitis. Fits right or left. One size.

1 Ct
7102
\$13.00



Medline Wraparound Wrist Support
Fits right or left wrist. One size fits most.

1 Ct
1536
\$12.00



CURAD 9-Inch Elastic Pull-Over Knee Support
Compression for weak/injured knee. Fits right or left.

S (14"-16" circumference)	1 Ct	3738	\$12.00
M (16"-18" circumference)	1 Ct	4159	\$12.00
L (18"-20" circumference)	1 Ct	4157	\$12.00
XL (20"-22" circumference)	1 Ct	4158	\$12.00
2XL (22"-24" circumference)	1 Ct	5019	\$12.00



CURAD IRONMAN Infrared Knee Support
With hot and cold compress. Black. One size.

1 Ct
7056
\$23.00



CURAD Infrared Multipurpose Hot/Cold Therapy Support
One size. Removable hot/cold gel pack.

1 Ct
7084
\$23.00



CURAD IRONMAN Infrared Shoulder Support
With hot and cold compress. Black. One size.

1 Ct
1321
\$39.00

Compression Garments



Men's Dr. Scholl's Diabetic Crew Socks
Cushioning plus TempRite technology for comfort. Black. Men's M/L (7-12).

4 Pr
3917
\$23.00



Women's Dr. Scholl's Diabetic Crew Socks
Cushioning plus TempRite technology for comfort. Black. Women's M/L (4-10).

4 Pr
3918
\$23.00



Ultra Soft Diabetic Socks
80% cotton, 15% polyester, 5% spandex. White.

M (Men's 6-8/Women's 5-9.5)	3 Pr	8238	\$15.00
L (Men's 7.5-11/Women's 9-12)	3 Pr	6859	\$15.00
XL (Men's 11-14/Women's 12+)	3 Pr	6269	\$15.00

Hot & Cold Therapies



Medline Accu-Therm Instant Heavyweight Jr. Cold Pack
Fold and shake to active. 6" x 10".

1 Ct
7179
\$6.00



Bausch + Lomb Therapearl Eye Mask 1 Ct
1312
\$18.00
Conformed to deliver soothing relief from Dry Eyes, Migraines, Sinuses, Puffy Eyes and more.



Briggs Deluxe Electric Moist Heat Pad 1 Ct
1934
\$38.00
Provides dry or moist heat. Auto shut-off. 24.5" x 11.5".



Electric Heating Pad for Neck and Shoulder 1 Ct
3969
\$52.50
3 heat settings. Removable, machine washable cover.



DMI Neck & Shoulder Heating Pad 1 Ct
1377
\$53.00
Plush microfleece cover. 9 ft. cord. 25" x 26".



Medline Accu-Therm Reusable Hot/Cold Gel Pack 1 Ct
1041
\$6.00
Microwave for hot therapy, freeze for cold therapy. Stays pliable and soft. 5" x 10".



Medline Instant Hot Pack 1 Ct
7192
\$6.50
Pop, knead and apply for targeted heat therapy. Medium (6" x 6").



Medline Reusable English-Style Ice Bag 1 Ct
1915
\$13.00
Blue cloth covering stays dry during use. 7" long.

Respiratory Care

Airway Therapy



Personal Steam Inhaler Vaporizer 1 Ct
7762
\$62.00
Variable steam control helps relieve cold and sinusitis symptoms. Soft, flexible mask.

CPAP Therapy



Medline Compressed Memory Foam CPAP Pillow 1 Ct
3384
\$51.00
Helps keep mask on straight. Contoured for side sleepers. 24"L x 14"W x 5"H.



DMI CPAP Mask Wipes 1 Ct
1372
\$8.00

Vitamins & Supplements

Antioxidants



Medline Coenzyme Q10 Softgels 100 mg 30 Ct
1265
\$15.00
Contains soy.



21st Century Antioxidant & Vitamin A, C, E Tablets 60 Ct
2061
\$14.00
Also includes calcium, zinc, selenium, copper and manganese.

Digestive Health



Sugar-Free Psyllium Fiber Powder Supplement Orange 10 oz. 1 Ct
1734
\$18.00
Compare to the active ingredient in Metamucil. Orange flavor.



Metamucil Fiber Powder 23.3 oz. 1 Ct
6108
\$40.00
114 teaspoon servings. Sugar free. Orange flavor.



21st Century Psyllium Fiber Capsules 160 Ct
1565
\$12.00
Compare to Metamucil psyllium fiber supplement.



Culturelle Digestive Health Probiotic Capsules 30 Ct
6106
\$30.00
10 billion active cultures. Naturally sourced Lactobacillus GG.

Letter Vitamins



21st Century Vitamin A Softgels 10,000IU 110 Ct
1286
\$12.50
Gluten-free.



GeriCare Vitamin B-1 Thiamin Tablets 100 mg 100 Ct
3400
\$11.50
Dietary supplement.















Plus Pharma Vitamin B12 Tablets 1,000 mcg 100 Ct
1289
\$18.00
Also with 23 mg calcium.















21st Century B-Complex Energy Support Tablets 100 Ct
6254
\$8.00
Gluten free.

	21st Century Vitamin B Complex with Vitamin C Tablets Multivitamin formula.	100 Ct 2073 \$11.50
	21st Century Folic Acid Tablets 800 mcg Also known as vitamin B9.	100 Ct 1568 \$8.50
	21st Century Niacin Capsules 500 mg Flush-free.	110 Ct 1549 \$18.00
	GeriCare Vitamin C Tablets 500 mg Also known as ascorbic acid.	100 Ct 6234 \$13.00
	21st Century Vitamin D3 Tablets 125 mcg Gluten free. No added yeast or artificial flavors.	100 Ct 1569 \$14.00
	21st Century Vitamin D3 Tablets 50 mcg Gluten-free.	250 Ct 1295 \$12.00
	YumVs Calcium Gummies with Vitamin D3 Raspberry and orange flavor.	60 Ct 7247 \$16.00
	Reliable 1 Vitamin D3 Softgels 2000IU Easier to swallow softgel.	100 Ct 2233 \$12.00
Minerals		
	GoodSense Calcium with Vitamin D3 Tablets 600 mg Compare to the active ingredients in Caltrate 600 + D.	300 Ct 1749 \$18.00
	GoodSense Chocolate Calcium Chews 650 mg Compare to the active ingredients in Viactiv.	60 Ct 1754 \$20.00
	Mason Natural Iron Tablets 65 mg 65 mg iron (from 325 mg or 5 grains of ferrous sulfate).	100 Ct 7259 \$12.00
	GeriCare Magnesium Oxide Coated Tablets 400 mg Compare to the active ingredient in MAG-OX 400.	120 Ct 1745 \$11.00

	21st Century Potassium Gluconate Tablets 595 mg No added sugar, yeast, preservatives.	100 Ct 7262 \$11.50
	GeriCare Zinc Sulfate Tablets 50 mg Dietary supplement.	100 Ct 3401 \$10.00
Multivitamins		
	21st Century One Daily Men's Health Multivitamin Tablets Compare to One a Day Men's multivitamin.	100 Ct 1572 \$9.00
	21st Century One Daily Women's Multivitamin Tablets Compare to One A Day women's multivitamins.	60 Ct 1567 \$9.00
	GeriCare Multivitamin with Mineral Tablets Once daily formula.	100 Ct 7266 \$9.00
	GeriCare One-Daily Multivitamin Tablets Daily nutritional supplement.	100 Ct 3861 \$8.00
	Vitafusion Men's Daily Multi-Vitamin Gummies Berry flavor.	150 Ct 7263 \$23.00
	Vitafusion Women's Daily Multi-Vitamin Gummies Berry flavor.	150 Ct 7264 \$23.00
	Sentry Senior Multivitamin & Mineral Tablets For active adults 50+. Compare to Centrum Silver.	100 Ct 1261 \$13.00
	Centrum Silver 50+ Multivitamin & Mineral Tablets Gluten-free. No artificial sweeteners.	125 Ct 6114 \$23.00
	Centrum Silver Multivitamin Tablets Men's 50+ Non-GMO. Gluten-free.	200 Ct 3866 \$35.50
	Centrum Silver Multivitamin Tablets Women's 50+ Non-GMO. Gluten-free.	200 Ct 3867 \$35.50

Supplements

	Bausch + Lomb PreserVision AREDS2 Eye Vitamins Mini softgels.	120 Ct 1632 \$53.00
	Viteyes Areds 2 Formula Mini Softgels Compare to PreserVision Areds 2 Formula.	120 Ct 1540 \$40.50
	Hi-Potency Biotin B7 Vitamin Tablets 1000 mcg Dietary supplement also known as vitamin H, vitamin B7 and vitamin B8.	100 Ct 6227 \$12.00
	GoodSense Triple Strength Glucosamine Chondroitin Tablets 750 mg glucosamine and 600 mg chondroitin. Contains shellfish.	100 Ct 1755 \$28.00
	True Plus Glucose Chewable Tablets 4g Raises low blood sugar and boosts energy. Orange flavor.	50 Ct 1757 \$13.50
	21st Century Lutein Softgels 20 mg Gluten-free.	60 Ct 6095 \$19.00
	GoodSense Quick Dissolve Melatonin Tablets 10 mg Cherry flavor.	90 Ct 1544 \$12.00
	Health Star Melatonin Tablets 5 mg Dietary supplement.	90 Ct 7289 \$7.00
	21st Century VitaJoy Melatonin Gummies Berry Flavor Dietary supplement provides 5 mg of melatonin per 2 gummy serving	120 Ct 1578 \$16.00
	21st Century Omega-3 Fish Oil Softgels 1000mg 60Ct 300 mg total Omega-3 fatty acids.	60 Ct 2248 \$12.00
	Medline Fish Oil Softgels 1000 mg Rich in essential Omega-3 fatty acids (EPA & DHA). 234 mg of Omega-3.	90 Ct 3378 \$14.00
	21st Century Prostate Health with Beta-Sitosterol Softgels 125 mg Vitamin D3, B6, zinc, 450 mg of plant sterol esters.	60 Ct 7813 \$21.00

SSBCI Eligible Food Items*

The Food and Home Utilities allowance is a special supplemental benefit available only to chronically ill members with eligible chronic conditions like: Diabetes, High Blood Pressure (Hypertension), High Cholesterol (Hyperlipidemia), Cardiovascular Disorders (i.e. Heart Problems), and Stroke. Other conditions may be eligible. For the full list of eligible chronic conditions, see hmsa.com/ExtraBenefits-DualCare. All applicable eligibility requirements must be met before the benefit is provided. Not all members qualify. This benefit is only available on HMSA Akamai Advantage Dual Care (PPO D-SNP)







* Food items are only available for qualifying Special Supplemental Benefits for the Chronically Ill (SSBCI) eligible members. Not all members quality to order these items.

Grocery & Beverages (for SSBCI eligible members only)

Beverages

	Sweetened Original Almond Milk 32 oz.	1 Ct 6772 \$12.00
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Canned Goods & Instant Foods

	Baked Beans 16 oz.	1 Ct 7544 \$9.00
	Chicken Broth 14.5 oz.	1 Ct 7531 \$7.50
	Chicken Stock 32 oz.	1 Ct 7532 \$10.00
	Fruit Cocktail in Heavy Syrup 8.5 oz.	1 Ct 7543 \$7.50
	Pear Halves in Heavy Syrup 15 oz.	1 Ct 7534 \$7.00
	Pineapple Slices In Juice 8 oz.	1 Ct 6775 \$9.00



Sliced Peaches in Heavy Syrup 8.5 oz.

1 Ct
7540
\$8.00



Pink Salmon 14.75 oz.

1 Ct
7545
\$15.00



Black Beans 15 oz.

1 Ct
6793
\$7.00



Garbanzo Beans 15.5 oz.

1 Ct
6796
\$7.00



Red Kidney Beans 15 oz.

1 Ct
6792
\$8.50



Sweet Peas 8.5 oz.

1 Ct
7539
\$6.50



Crushed Tomatoes 28 oz.

1 Ct
7541
\$8.50



Diced Tomatoes 15 oz.

1 Ct
6795
\$7.00



Sliced Beets 14.5 oz.

1 Ct
7535
\$12.00



Yams 29oz

1 Ct
7951
\$8.00

Cereals & Oatmeal



Old Fashioned Oatmeal 42 oz.

1 Ct
7553
\$14.00



Instant Oatmeal Packets

10 Ct
7554
\$9.50

Condiments & Sauces



Pure Honey 12 oz.

1 Ct
7546
\$17.00

Cooking Oils



Pam Sautee and Grill Spray 17 oz.

1 Ct
7533
\$12.00

Grains & Pasta



Angel Hair Pasta 16 oz.

1 Ct
7556
\$7.50



Linguini Pasta 16 oz.

1 Ct
7558
\$7.00



Gluten-Free Spaghetti Pasta 12 oz.

1 Ct
6831
\$10.00



Spaghetti Pasta 16 oz.

1 Ct
6832
\$8.00



Brown Rice 2 lbs.

1 Ct
6834
\$8.50



Extra Long Grain Enriched Rice 2 lbs.

1 Ct
6833
\$9.00

Snacks



Apple Sauce Cups

1 Ct
7537
\$10.00

For orders placed at **HMSAExtraBenefits.com**, on the **myTotal Benefits** app, or by phone, you should receive your order in seven to 10 business days. For orders placed via mail using the mail order form, it will take longer to receive your order.

- A mail order form may take up to four weeks to process.
- If your mail order exceeds your benefit balance, items will be deducted to bring the order back within benefit balance.
- Cash, checks, credit cards or money orders are not accepted via mail.
- If your mail order includes any out-of-stock items, the order will be processed without out-of-stock items.
- Your order will be placed and counted toward the benefit period when it was received.



2026 Catalog Order Form

Step 1: Provide all your information below

Today's Date		Date of Birth (MM/DD/YYYY)	
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Subscriber ID			
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First Name		Last Name	
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Street #	Street Name		Apt./Suite #
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City	State	ZIP Code	
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Phone	Email		
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Step 2: Pick your products

Item#	Product Description	Quantity	Price
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		Sub-Total	<hr/>
		Sales Tax	<hr/>
		Total	<hr/>

Step 3: Place your order - Mail to:

HMSA Catalog Orders
27200 Tourney Road, Suite 450, Valencia, CA 91355

If you place your order by mail using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to the benefit period in which we receive it.



Notes



An Independent Licensee of the Blue Cross and Blue Shield Association

Visit **HMSAExtraBenefits.com**
to place your order online.

Call **1 (800) 790-6019**, toll-free,
Monday-Friday, 8 a.m.-8 p.m.
Hawaii time. TTY 711.



Scan here to shop the
online catalog.