



An Independent Licensee of the Blue Cross and Blue Shield Association

2025

Dual Care

OVER-THE-COUNTER AND HEALTHY FOODS PRODUCT CATALOG



Welcome!

Your HMSA Dual Care plan now gives you an allowance each month to buy approved over-the-counter (OTC) health and wellness products, healthy food items and to help pay for home utilities. Eligible items include cold and cough medicines; vitamins; dental, eye, and ear care products; fruits and vegetables, soup, beans and much more. Be sure to use your allowance before the end of each month.

Items in the catalog may change. For an up-to-date list of products and a larger selection to choose from, go to **HMSAExtraBenefits.com**. Please allow seven to 10 business days for shipping. There's no shipping charge for items ordered from this catalog or from **HMSAExtraBenefits.com**.

Use your allowance anytime during the month. Unused amounts are forfeited at the end of each month.

HMSA Akamai Advantage Dual Care is a PPO D-SNP plan with a Medicare contract and is a state of Hawaii Medicaid Managed Care Program. Enrollment in HMSA Akamai Advantage Dual Care depends on contract renewal.

How to Order



Online

Log in at **HMSAExtraBenefits.com** or on the **myTotal Benefits** app on your smartphone. You'll need to enter your:

1. HMSA subscriber number (13 digits).
2. Date of birth (MM/DD/YYYY).

Click Shop OTC Catalog to view items.



Phone

Call the Extra Benefits Member Services Line at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. Hawaii time. TTY 711.



Mail

Complete the order form and mail it to:

**HMSA Catalog Orders
c/o Medline Industries, LP
PO Box 18522
Palatine, IL 60055-8522**

To request additional order forms, call the Extra Benefits Member Services Line at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. Hawaii time. TTY 711.

Important Information

Please keep this catalog for your 2025 benefit year.

- Your benefit amount is offered at the beginning of each month. Please refer to your *Summary of Benefits* to confirm your monthly benefit amount.
- Any unused amount of your monthly allowance is forfeited at the end of each month. Be sure to use your full allowance each month as you cannot use or combine future allowance amounts.
- If you've used all your monthly funds, you'll need to wait until the next month when your funds are replenished to make additional orders. Use of a personal credit or debit card isn't allowed.
- Due to the personal nature of the products in this catalog, returns are not accepted. Call **1 (800) 790-6019** toll-free, TTY 711 if you receive a damaged product. The product will be exchanged for an identical one at no cost. Only damaged items can be exchanged within 30 days of purchase; no returns are allowed.
- The products purchased with your allowance are intended for your use only for your health needs. Purchasing items for anyone other than yourself is prohibited.
- Please expect seven to 10 business days for delivery. If an order does not arrive, call **1 (800) 790-6019** toll-free, TTY 711.
- If you disenroll or are otherwise terminated from your HMSA plan, this benefit will automatically terminate.
- Extra Benefits Member Services cannot give you medical advice. If you have a question about a product, talk to your health care provider.
- The health information provided in this catalog is general in nature and is not medical advice or a substitute for professional health care. It is provided for your information and convenience only. We do not guarantee the accuracy or completeness of the information, and do not recommend or endorse the products which are referenced in this catalog.
- This information is available for free in other select languages at no cost. Call Extra Benefits Member Services at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.- 8 p.m. Hawaii time. TTY 711.
- Call Extra Benefits Member Services if you need this document in another format such as large font, Braille, or audio.
- This catalog doesn't include all available OTC products and healthy food items. Visit **HMSAExtraBenefits.com** for a complete list.



How to Use HMSAExtraBenefits.com

Fast, easy, and secure 24/7

HMSAExtraBenefits.com and the **myTotal Benefits** mobile app offer many convenient features:

- Browse eligible OTC products and healthy food items.
- Access a digital copy of the catalog.
- Monitor your allowance balance while you shop.
- Track your order and view your order history.
- Manage your account.

If you need help, call Extra Benefits Member Services at **1 (800) 790-6019** toll-free, Monday-Friday, 8 a.m.-8 p.m. Hawaii time. TTY 711.

Note: Online orders must be placed before midnight Hawaii time on the last day of the month or you'll forfeit your allowance.

To get started, you must complete a one-time sign up

- Visit **HMSAExtraBenefits.com** or open the **myTotal Benefits** app on your smartphone.
- Click **Sign Up**.

Enter your information exactly as it appears on your HMSA membership card. You'll need:

- HMSA subscriber number
- Date of birth
- Email address
- Phone number

Create a username and password for your account. You only need to do this once. Once completed you can log in with your username and password.

Log in

- Visit **HMSAExtraBenefits.com** or open the **myTotal Benefits** app on your smartphone.
- Enter the last 13 digits of your HMSA subscriber number.
Ex: A000012345678.
- Enter your date of birth.

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First Aid

Antibiotics & Antiseptics



CURAD Triple Antibiotic Ointment 1 oz.

Helps promote healing in minor cuts, scrapes, burns.

1 Ct

1083

\$4.00



Bacitracin + Zinc Ointment 1 oz.

Helps promote healing in minor cuts, scrapes, burns.

1 Ct

1053

\$3.00



Neosporin Original Triple Antibiotic Ointment 0.5 oz.

Bacitracin, neomycin, polymyxin B.

1 Ct

6506

\$8.00



CURAD Germ Shield Antimicrobial Wound Gel 0.5 oz.

Non-stinging, non-staining.

1 Ct

1058

\$9.00



CURAD Medium 2-Ply Alcohol Prep Pads

Trusted first aid essential in individually wrapped packages.

100 Ct

3853

\$3.00



ReadyPrep PVP Povidone Iodine Prep Solution 4 oz.

Effective first aid antiseptic.

1 Ct

1077

\$6.00

Bandages



CURAD Adhesive Bandage Variety Pack

First aid essential in assorted sizes.

200 Ct

1891

\$14.00



CURAD Flex-Fabric Bandages

Assorted sizes.

30 Ct

4007

\$7.00



CURAD Flex-Fabric Bandages

Assorted sizes.

100 Ct

6511

\$4.00



CURAD Plastic Adhesive Bandages

3/4" x 3".

80 Ct

1636

\$8.00



CURAD Silicone Flex Fabric Bandages

Holds tight yet gentle enough for sensitive or delicate skin.
0.75" x 3".

20 Ct

1060

\$11.00



CURAD Waterproof Butterfly Bandages

Closes and secures small wounds and incisions. 1.75" x 3/8".

12 Ct

3343

\$4.00

**Medline Sure-Wrap Elastic Bandage**

Comes with 2 clips. Nonsterile. 3" x 5 yd. roll.

1 Ct

6516

\$3.00

**Medline Sure-Wrap Elastic Bandage**

Comes with 2 clips. Nonsterile. 4" x 5 yd. roll.

1 Ct

6517

\$3.00

**Medline Sure-Wrap Elastic Bandage**

Comes with 2 clips. Nonsterile. 6" x 5 yd. roll.

1 Ct

6518

\$3.00

**CURAD Soothe & Cool Hydrogel Bandages**

Cools on contact. Soothes, cushions and protects minor burns, blisters and abrasions. Assorted sizes.

8 Ct

1064

\$13.00

**Mastisol Liquid Adhesive 2/3 cc Vial**

Medical liquid adhesive helps secure dressings, tapes, medical devices.

1 Ct

6520

\$5.00

Dressings & Gauze

**CURAD Sterile Medium Nonstick Pads**

Absorbent pad protects minor cuts, scrapes. 3" x 4".

20 Ct

1637

\$9.00

**CURAD 25-Piece Wound Care Kit**

Gauze, nonstick pads and paper tape for large wounds.

25 Ct

1916

\$10.00

First Aid Kits

**CURAD 15-Piece First Aid Portable Pack**

First aid essentials in a water-resistant, travel-friendly pouch.

1 Kit

6543

\$3.50

**CURAD 75-Piece Compact First Aid Kit**

Clean and protect minor cuts, burns. Great for travel.

1 Kit

6009

\$8.00

**CURAD 175-Piece Complete First Aid Kit**

Bandages, alcohol swabs, gloves, tweezers, finger splint and more.

1 Kit

1056

\$15.00

Protective Sleeves

**Medline Protective Armsleeve**

93% cotton/7% spandex for warmth and mild compression. 15.5" long, 8.5" circumference. Tan.

1 Pr

3452

\$18.50

**Medline Protective Armsleeve**

93% cotton/7% spandex for warmth and mild compression. 20" long, 13" circumference. Tan.

1 Pr

3453

\$18.50

Tapes



CURAD Paper Medical Tape
Gentle adhesive. 1" x 10 yd. roll.

1 Ct
6550
\$1.50

Home Diagnostics

Blood Pressure & Accessories



Blood Pressure Monitor

1 Ct
6569
\$35.50



Medline Elite Digital Blood Pressure Monitor

Stores 90 measurements for 3 users. Includes one universal cuff (22-42 cm arm circumference) and 4 AA batteries.

1 Ct
1932
\$40.00



Medline Auto Digital Blood Pressure Monitor

Stores 90 recent measurements. Universal cuff fits 22- 42 cm arm circumference.

1 Ct
1650
\$29.00



Medline Deluxe Digital Wrist Blood Pressure Monitor

Quick readings of systolic/diastolic pressure & pulse rate. Fits 5.3"-8.5".

1 Ct
3704
\$35.00



Medline Talking Blood Pressure Monitor

Easy 1-button design. Auto pulse, memory plus large digital readout.

1 Ct
2184
\$45.00



Medline Digital Blood Pressure Monitor Cuff

Genuine manufacturer replacement. Adult XL (16.5" - 18.9").

1 Ct
6566
\$15.00

Measuring Devices



Conair Digital Food Scale

Sleek, glass top design with large LCD. 11 lb. capacity.

1 Ct
1087
\$25.00



Medline Soft Touch Fingertip Pulse Oximeter

Quickly reads SpO2 and heart rate. Large LCD display.

1 Ct
6252
\$30.00

Thermometers & Accessories



Fever Strip Thermometer

1 Ct
6586
\$6.00



Medline Infrared Talking Ear/Forehead Thermometer

Reading in just 1 second. Results in your choice of 6 languages.

1 Ct
1100
\$35.00

**Medline Flex-Tip Digital Thermometer**

30-second read time. Oral, rectal or axillary use.

1 Ct
3465
\$15.00**Medline 60-Second Digital Oral Stick Thermometer**

One-piece snap case.

1 Ct
3472
\$7.00**Medline Disposable Digital Oral Thermometers Sheaths**

Fits most pocket-style digital stick thermometers.

100 Ct
6587
\$11.00**Home Health Care****Linens & Bedding****Elastic Mattress Cover**

King size.

1 Ct
6611
\$50.00**Cleaning Supplies****Lysol Multi-Surface Disinfecting Wipes**

Lemon lime scent.

80 Ct
7873
\$11.00**Cushions & Positioners****Inflatable Neck Cushion**1 Ct
6603
\$6.50**Medline Back Support Lumbar Cushion**

Premium polyurethane foam. Elastic strap holds cushion in place. 13.5" x 13" x 4".

1 Ct
6750
\$28.00**Lighting****Night Light**1 Ct
6609
\$3.50**Medical Containers****Medline Sharps Biohazard Needle Container**

Portable with dual open lids. 19" x 21" x 15". 1 quart.

1 Qt
1096
\$8.00**Incontinence****Bladder Pads****Medline ContourPlus Bladder Pads**

Breathable & contoured with leg gathers. Moderate absorbency. 5.5" x 10.5".

28 Ct
1817
\$12.00

**Medline ContourPlus Bladder Pads**

Breathable & contoured with leg gathers. Maximum absorbency. 6.5" x 13.5".

28 Ct

1816**\$16.00****Medline ContourPlus Bladder Pads**

Breathable & contoured with leg gathers. Ultimate absorbency. 8" x 17".

28 Ct

1105**\$14.00****Briefs****Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Extra absorbency. S (20"-32" waist).

20 Ct

1791**\$15.00****Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like adult diaper with skin-safe tabs. Extra absorbency. M (32"-44" waist).

20 Ct

1789**\$15.00****Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like adult diaper with skin-safe tabs. Extra absorbency. L (44"-56" waist).

20 Ct

1788**\$17.00****Medline FitRight OptiFit Extra Disposable Briefs**

Cloth-like adult diaper with skin-safe tabs. Extra absorbency. XL (56"-64" waist).

20 Ct

1792**\$18.00****Medline FitRight OptiFit Extra+ Disposable Brief**

Premium adult diaper with stretch panels. Extra+ absorbency. M (32"-44" waist).

20 Ct

3449**\$20.00****Medline FitRight OptiFit Extra+ Disposable Brief**

Premium adult diaper with stretch panels. Extra+ absorbency. L (44"-56" waist).

20 Ct

6634**\$22.00****Medline FitRight OptiFit Extra+ Disposable Brief**

Premium adult diaper with stretch panels. Extra+ absorbency. XL (56"-64" waist).

20 Ct

6635**\$24.00****Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like diaper with skin-safe tabs. Ultra absorbency. S (20"-32" waist).

20 Ct

1425**\$25.00****Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like adult diaper with skin-safe tabs. Ultra absorbency. M (32"-44" waist).

20 Ct

1113**\$25.00****Medline FitRight OptiFit Ultra Disposable Briefs**

Cloth-like adult diaper with skin-safe tabs. Ultra absorbency. L (44"-56" waist).

20 Ct

1112**\$27.00**



Medline FitRight OptiFit Ultra Disposable Briefs
 Cloth-like adult diaper with skin-safe tabs. Ultra absorbency.
 XL (56"-64" waist).

20 Ct
1114
\$30.00

Protective Underwear



Medline FitRight Super Disposable Underwear
 Body-contoured pull-on with leak guards. Super absorbency.
 M (28"-40" waist).

20 Ct
1606
\$27.00



Medline FitRight Super Disposable Underwear
 Body-contoured pull-on with leak guards. Super
 absorbency. L (40"-56" waist).

20 Ct
1607
\$29.00



Medline FitRight Super Disposable Underwear
 Body-contoured pull-on with leak guards. Super
 absorbency. XL (56"-68" waist).

20 Ct
1608
\$30.00



Medline FitRight Ultra Disposable Underwear
 Pull-on fits & feels like real underwear. Ultra absorbency. M
 (28"-40" waist).

20 Ct
1852
\$22.00



Medline FitRight Ultra Disposable Underwear
 Pull-on fits & feels like real underwear. Ultra absorbency. L
 (40"-56" waist).

20 Ct
1850
\$24.00



Medline FitRight Ultra Disposable Underwear
 Pull-on fits & feels like real underwear. Ultra absorbency. XL
 (56"-68" waist).

20 Ct
1854
\$26.00



Medline FitRight Classic Disposable Underwear
 Soft, comfortable pull-on with body-contoured design. S
 (20"-28" waist).

22 Ct
4039
\$22.00

Underpads



Medline Premium Disposable Polymer Underpads
 Premium protection for wheelchairs, beds, more. 30" x 30".

10 Ct
1427
\$12.00

Medications Over The Counter

Allergy & Sinus













Zyrtec Allergy 24Hr Antihistamine Tablet 10 mg
 Fast relief of allergy symptoms. Prescription-strength.

30 Ct
3841
\$29.00





Medline Cetirizine Allergy Relief Tablets 10 mg
 24-hour relief. Compare to the active ingredient in Zyrtec.

30 Ct
1866
\$8.00

	GoodSense Children's Allergy Relief Liquid 4 oz. Compare to the active ingredient in Children's Benadryl Allergy Liquid. Cherry.	1 Ct 1775 \$6.00
	Quality Plus Allergy Relief Diphenhydramine Tablets 25 mg Easy-to-swallow mini-tabs. Compare to the active ingredient in Benadryl Allergy Ultratab Tablets.	24 Ct 6197 \$3.00
	Diphenhydramine Antihistamine Tablets 25 mg Compare to the active ingredient in Benadryl Allergy Ultratabs.	100 Ct 1776 \$6.00
	GoodSense Non-Medicated Vapor Inhaler Compare to Vicks VapoInhaler.	1 Ct 6661 \$6.00
	Loratadine 24-Hr Non-Drowsy Allergy Tablets 10 mg Helps relieve sneezing, itchy eyes. Compare to the active ingredient in Claritin.	30 Ct 1013 \$4.00
	GoodSense 24-Hour Allergy Nasal Spray Compare to the active ingredient of Flonase Allergy Relief.	1 Ct 6663 \$19.00
	Breathe Right Extra Strength Clear Nasal Strips Drug free. Easy removal for sensitive skin.	26 Ct 6667 \$16.00
	CURAD Breathe Clear Nasal Strips Helps open your nose and relieve nasal stuffiness. Size M/L.	30 Ct 5008 \$12.00
	Nasal Decongestant Phenylephrine Tablets 10 mg Non-drowsy. Compare to the active ingredient in Sudafed PE Congestion.	36 Ct 1029 \$5.00
	Major 12-Hour Nasal Decongestant Spray 30 mL Compare to the active ingredient in Afrin Original Nasal Spray.	1 Ct 6028 \$5.00

Anti-Fungal & Anti-Itch

	Dr. Sheffield Antifungal Cream 1.25 oz. Compare to the active ingredient in Tinactin.	1 Ct 1143 \$5.00
	Kerasal Fungal Nail Renewal Ointment 0.33 oz. Results in just 2 days.	1 Ct 7910 \$31.00

	Medline Remedy Clinical Antifungal Ointment 2.5oz. 2% miconazole nitrate for treatment of athlete's foot, jock itch. Unscented.	1 Ct 3707 \$12.00
	Benadryl Extra Strength Itch Cream 1 oz. Relieves most outdoor itches. 2% diphenhydramine hydrochloride.	1 Ct 6035 \$8.50
	Benadryl Extra Strength Itch Stopping Gel 3.5 oz. Cooling relief for most outdoor itches. 2% diphenhydramine.	1 Ct 6669 \$9.50
	Cortizone 10 Max Strength Anti-Itch Cream 2 oz. 1% hydrocortisone - the maximum strength without a prescription.	1 Ct 3767 \$11.25
	Dr. Sheffield Anti-Itch Cream 1.25 oz. 2% diphenhydramine. Compare to the active ingredients in Benadryl Extra Strength.	1 Ct 1045 \$5.00

Cough, Cold & Flu

	Medicated Chest Rub 3.53 oz. Compare to the active ingredients in Vicks VapoRub.	1 Ct 1026 \$4.00
	Vicks VapoRub Ointment 3.53 oz. Original camphor, eucalyptus and menthol formula.	1 Ct 3833 \$12.00
	Coricidin HBP Cold and Flu Relief Tablets Decongestant-free. Acetaminophen and chlorpheniramine maleate antihistamine.	20 Ct 3869 \$11.00
	GoodSense Cold Max Day/Night Cold Relief Caplets Multi-symptom relief. 12 daytime caplets/8 nighttime caplets.	20 Ct 1018 \$8.00
	GoodSense Day Time Cold & Flu Softgels Compare to the active ingredients of Vicks NyQuil Cold & Flu.	24 Ct 6678 \$9.00
	GoodSense NightTime Cold & Flu Multi-Symptom Relief Compare to the active ingredients of Vicks NyQuil Cold & Flu softgels.	16 Ct 6676 \$8.00
	Major High Blood Pressure Cough & Cold Tablets Compare to the active ingredients in Coricidin HBP Cough & Cold.	16 Ct 2079 \$5.00

**Mucinex DM 12-Hr Expectorant & Cough Tablets**

600 mg guaifenesin, 30 mg dextromethorphan.

20 Ct

6671

\$19.50

**TheraFlu Cough Relief Powder Packets**

Honey lemon white tea with chamomile flavor.

6 Ct

6674

\$16.00

**Theraflu Flu Relief Max Strength Powder Packets**

Honey lemon flavor.

6 Ct

6673

\$12.00

**Tylenol Severe Cold + Flu Day and Night Caplets**

Combo pack of daytime and nighttime formulations.

24 Ct

6675

\$11.50

**GoodSense Cough Drops**

7.5 mg menthol. Compare to the active ingredient in Halls.
Honey lemon flavor.

30 Ct

1600

\$3.00

**GoodSense Cough Drops**

Sugar-free honey lemon menthol. Compare to the active ingredient of Halls.

25 Ct

6188

\$3.00

**HALLS Cough & Throat Relief Drops**

5.4 mg menthol. Mentho-Lyptus flavor.

30 Ct

6682

\$4.00

**Ricola Cough Drops**

Sugar free. Lemon mint flavor.

45 Ct

6685

\$6.50

**Robafen CF Multi-Symptom Cough Cold Medicine 4 oz.**

Guaifenesin, dextromethorphan and phenylephrine for multi-symptom relief.

1 Ct

5030

\$6.00

**GoodSense Mucus Relief DM Tablets**

Dye free. 20 mg dextromethorphan, 400 mg guaifenesin.

30 Ct

6687

\$9.00

**GeriCare Guaiasorb DM Cough Syrup Expectorant 4oz.**

Sugar-free, alcohol-free. Clear formula.

1 Ct

3695

\$7.00

**Mucinex 12-Hr Expectorant Tablet 600 mg**

Helps loosen phlegm, thin bronchial secretions. Extended-release bi-layer tablet.

20 Ct

6686

\$21.00



Guaifenesin Mucus Relief Tablets 400 mg
Helps thin and loosen mucus and relieve chest congestion.

100 Ct
1028
\$6.00



Major Sugar-Free Sore Throat Spray 6 oz.
Cherry flavor. Compare to the active ingredient in Cloraseptic.

1 Ct
1602
\$7.00

Medicated Treatments



Abreva Cold Sore Treatment 2 g
FDA-approved medicated cream with 10% docosanols helps shorten healing time.

1 Ct
1011
\$30.00

Medication Aids



Medicine Pill Bottle Opener with Magnifying Glass
Great for those with arthritis. Built-in 4X magnifier to read small label print.

1 Ct
1986
\$4.00



Weekly 7-Day AM/PM Pill Box
Separate compartments for morning and evening pills.

1 Ct
7886
\$5.00

Pain & Fever Relief



Children's Chewable Acetaminophen Tablets 80 mg
Compare to the active ingredient in Children's Tylenol Meltaways. Grape flavor.

30 Ct
3391
\$6.00



Daytime Headache Sinus Congestion & Pain Caplets
Compare to the active ingredients in Tylenol Sinus + Headache caplets.

24 Ct
6699
\$4.00



GoodSense Arthritis Pain Caplets 650 mg
Compare to the active ingredient in Tylenol 8HR Arthritis Pain.

100 Ct
1186
\$13.00



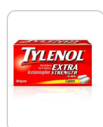
Tylenol 8 Hr Muscle Aches and Pain Caplets 650 mg
Temporary relief of minor backache, arthritis, headache.

100 Ct
6034
\$18.00



Tylenol Cold + Head Severe Congestion Caplets
325 mg acetaminophen, 200 mg guaifenesin, 5 mg phenylephrine.

24 Ct
6698
\$11.50



Tylenol Extra Strength Caplets 500 mg
Trusted pain reliever and fever reducer.

100 Ct
3874
\$17.50

	After Bite Bug Itch Relief Pen 0.5 oz. Advanced formula with baking soda helps relieve itch from mosquitoes, bees.	1 Ct 1886 \$9.00
	Bayer Low Dose Aspirin Pain Reliever Tablets 81 mg Low dose aspirin made for adults whose doctor recommends a low dose aspirin regimen. Safety coated.	120 Ct 6707 \$12.00
	GeriCare Aspirin Tablets 325 mg Compare to the active ingredient in Bayer Aspirin.	100 Ct 1257 \$5.00
	Medline Low-Dose Chewable Aspirin Tablets 81 mg Compare to the active ingredient in Bayer Low Dose. Orange flavor.	36 Ct 1715 \$3.00
	Medline Low-Dose Enteric Aspirin Tablets 81 mg Coated for easier swallowing. Compare to the active ingredient in Bayer Low Dose.	120 Ct 1190 \$3.00
	Medline Naproxen Sodium Tablets 220 mg Relief for up to 12 hours. Compare to the active ingredient in Aleve.	100 Ct 1205 \$8.00
	Medline Extra Strength Pain Relief Tablets 250 mg acetaminophen, 250 mg aspirin plus 65 mg caffeine.	100 Ct 1207 \$8.00
	GoodSense Hemorrhoid Ointment 2 oz. Compare to the active ingredients in Preparation H Hemorrhoidal Ointment.	1 Ct 1195 \$5.00
	Hemorrhoid Hygiene Pads with Witch Hazel Cooling & soothing relief from burning and itching.	100 Ct 1707 \$8.00
	Preparation H Medicated Wipes Maximum strength with witch hazel and soothing aloe. Flushable.	48 Ct 3909 \$9.00
	GoodSense Hemorrhoidal Suppositories Compare to the active ingredient in Preparation H hemorrhoidal suppositories.	12 Ct 2225 \$8.00
	Medline Ibuprofen Tablets 200 mg NSAID pain reliever and fever reducer. Coated for easier swallowing.	100 Ct 4201 \$6.00

**Major Coated Ibuprofen Tablets 200 mg**

Compare to the active ingredient of Advil.

500 Ct

3406**\$18.00****Anbesol Max Strength Pain Relief Gel 0.33 oz.**

Maximum strength 20% benzocaine.

1 Ct

6715**\$9.75****Dr. Sheffield's Oral Toothache Relief Gel 0.33 oz.**

Max strength 20% benzocaine. Compare to the active ingredient in Orajel.

1 Ct

1160**\$6.00****Voltaren Arthritis Pain Relief Gel 1.7 oz.**

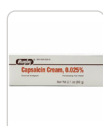
Non-steroidal, full prescription strength topical gel. 1% diclofenac sodium.

1 Ct

6718**\$27.75****Bengay Ultra Strength Pain Relief Cream 4 oz.**

Contains 3 topical analgesics - more than any other Bengay product.

1 Ct

6716**\$12.00****Capsaicin Analgesic Pain Relief Cream 2.1 oz.**

Penetrates skin to provide targeted arthritis, muscle, joint pain relief.

1 Ct

1192**\$15.00****Ultra Strength Muscle Rub Cream 3 oz.**

Compare to the active ingredient in Bengay.

1 Ct

1209**\$9.00****Tiger Balm Active Muscle Rub Cream 2 oz.**

Non-greasy warming sensation soothes muscle aches.

1 Ct

2265**\$9.00****GoodSense Extra Strength Medicated Cold/Hot Patch**

Compare to the active ingredient in Icy Hot. 3.14" x 4.72".

5 Ct

1643**\$7.00****Salonpas Pain Relieving Patch**

3 pain fighters work at site of pain. Single-use. Large 5.67" x 3.62".

6 Ct

1208**\$16.50****Bactine MAX Pain-Relieving Cleansing Liquid 4 oz.**

4% lidocaine. Non-sting.






1 Ct













6721**\$14.00****Stomach Remedies****Reg Strength Alkum Antacid Chewable Tablets 500 mg**

Compare to the active ingredients in Tums. Assorted fruit flavors.

150 Ct

1218**\$6.00**

	Ex Strength Alkum Antacid Chewable Tablets 750 mg Compare to the active ingredients in Tums EX. Assorted fruit flavors.	96 Ct 2055 \$5.00
	Geri-Lanta Antacid & Antigas Liquid 12 oz. Compare to the active ingredients in Regular Strength Mylanta.	1 Ct 1217 \$8.00
	GoodSense Delayed-Release Omeprazole Tablet 20 mg One 14-day course of treatment.	14 Ct 6137 \$12.00
	Famotidine Heartburn Tablets 10 mg Acid reducer.	30 Ct 6148 \$7.00
	GoodSense Effervescent Antacid Pain Relief Tablets Compare to the active ingredients in Alka-Seltzer.	36 Ct 1216 \$7.00
	Guardian PinkBismuth Stomach Relief Liquid 8 oz. Compare to the active ingredient in Pepto-Bismol.	1 Ct 1221 \$6.00
	Pink-Bismuth Chewable Tablets Compare to the active ingredient in Pepto-Bismol.	30 Ct 3691 \$7.00
	Pepcid Complete Chewable Tablets 10 mg famotidine, 800 mg calcium carbonate, 165 mg magnesium hydroxide. Berry flavor.	25 Ct 6724 \$17.00
	TUMS Extra Strength Chewable Antacid Tablets 750 mg calcium carbonate. Assorted fruit flavors.	96 Ct 6725 \$8.00
	Medline Loperamide Anti-Diarrheal Caplets 2 mg Compare to the active ingredients in Imodium A-D.	12 Ct 5063 \$3.50
	Imodium A-D Anti-Diarrheal Caplets 2 mg Helps control symptoms of diarrhea including Travelers' Diarrhea.	24 Ct 6102 \$17.00
	Beano Ultra 800 Food Enzyme Tablets Chew or swallow with water.	100 Ct 6726 \$24.00

	Gas-X Extra Strength Anti-Gas Chewable Tablets 125 mg simethicone. Cherry crv®me flavor.	48 Ct 6727 \$17.00
	GeriCare Chewable Gas Relief Tablets 80 mg Compare to the active ingredient in Gas-X Regular Strength Tablets. Mint flavor.	100 Ct 1731 \$6.00
	Major Formula EM Anti-Nausea Liquid 4 oz. Compare to the active ingredients in Emetrol. Cherry flavor.	1 Ct 5004 \$8.00
	GoodSense Motion Sickness Tablets 50 mg Dimenhydrinate for nausea relief.	12 Ct 6098 \$4.00
	Medline Pure & Gentle Saline Enema Laxative 4.5oz. Ready-to-use, soft squeeze bottle with lubricated comfort tip. Single use.	1 Ct 1237 \$4.00
	Lactaid Fast Act Lactase Enzyme Caplets 9,000 FCC units of lactose enzyme per caplet.	60 Ct 6731 \$22.00
	Major Lactase Dairy Digestive Aid Caplet 3,000 FCC Compare to the active ingredient in Lactaid Fast Act.	60 Ct 1732 \$9.00
	GeriCare Milk of Magnesia 12 oz. Compare to the active ingredient in Philips' Milk of Magnesia.	1 Ct 1231 \$8.00
	MiraLAX Unflavored Laxative Powder 4.1 oz. Unflavored, grit-free formula. Dissolve in any hot or cold beverage. Sugar free. 8 grams fiber per serving.	1 Ct 6733 \$11.00
	Dramamine All Day Less Drowsy Motion Sickness Tablets 25 mg meclizine.	8 Ct 6736 \$9.00
	Docusate Sodium Stool Softener Softgels 100 mg Compare to the active ingredients in Colace regular strength stool softener.	100 Ct 1240 \$6.00
	GeriCare Fiber Laxative Caplets 625 mg Compare to the active ingredient in FiberCon.	90 Ct 7229 \$9.00

**Bisacodyl Laxative Tablets 5 mg**

Enteric coated.

100 Ct

4144**\$5.00****GoodSense ClearLax Powder Laxative 4.1 oz.**

Grit-free, unflavored powder. Compare to the active ingredient in MiraLAX.

1 Ct

1727**\$9.00****Fleet Glycerin Suppositories**

Constipation relief in 15 minutes to 1 hour.

50 Ct

3386**\$9.00****Mobility****Bath Safety Equipment****Medline Rubber Bath Mat**

Durable, heavyweight natural rubber with slip-resistant suction cups. Machine washable. White. 13.4" x 29".

1 Ct

1005**\$15.00****Medline Momentum Bath Mat**

Built-in foot scrubbers massage and exfoliate feet. Suction cup bottom. Gray. 12.9" x 35.4".

1 Ct

3468**\$25.00****Medline Transfer Bench with Microban**

Side arm for additional stability. Easy assembly. 350 lb. weight capacity.

1 Ct

1771**\$88.00****Medline Shower Chair with Arms and Back**

Helps provide extra stability while bathing. 13.5"D seat. 350 lb. weight cap.

1 Ct

6047**\$50.50****Medline Shower Chair Without Back**

Sturdy stool with durable aluminum frame. 400 lb. weight capacity.

1 Ct

6161**\$35.00****Medline Transfer Bath Bench with Back**

High-strength, rust-resistant aluminum frame. 400 lb. weight capacity.

1 Ct

4061**\$75.00****Medline 3-in-1 Folding Steel Commode**

Use as bedside commode, elevated toilet seat or toilet safety frame. 350 lb. weight capacity.

1 Ct

2093**\$45.00****Medline 12-Inch Knurled Chrome Grab Bar**

Mounts directly to wall with included hardware. 300 lb. cap.

1 Ct

4174**\$18.50**

**Medline Bathroom Suction Grab Bar**

Easy-to-install. Locking indicator. 250 lb. weight capacity. 12" long. White

1 Ct
6165
\$15.50

**Medline 24-Inch Knurled Chrome Grab Bar**

Mounts directly to wall with included hardware. 300 lb. capacity.

1 Ct
5001
\$24.00

**Medline Handheld Shower Kit**

Shower head, diverter valve, wall holder and 80" hose.

1 Ct
1635
\$25.00

**Medline Nonslip Tub and Stair Safety Treads**

Textured, waterproof safety treads with adhesive. 0.75" x 18". White.

8 Ct
1008
\$8.00

**Medline Guardian Toilet Safety Rails**

Can be used on standard and elevated toilet seats. Aluminum. 300 lb. weight capacity.

1 Ct
1634
\$55.00

**Medline Raised Toilet Seat**

Raises seat level by 5". No lock. 400 lb. weight capacity.

1 Ct
5016
\$32.00

Canes & Accessories**Medline Folding T-Handle Aluminum Cane**

Compact folding design fits into a purse, suitcase. Weighs only 1 lb. yet supports 250 lbs.

1 Ct
5013
\$25.00

**Medline Aluminum Quad Cane**

Small base for easier maneuverability and faster pace. 300 lb. cap. Black.

1 Ct
6162
\$20.00

**Medline Steel Bariatric Quad Cane**

Large base (8" x 12"). 500 lb. weight capacity. Black.

1 Ct
1146
\$43.00

Wheelchairs & Accessories**Medline Gel Foam Pressure Wheelchair Cushion**

Helps comfortably redistribute pressure. 18" x 16" x 2".

1 Ct
6242
\$30.00

Nutrition**Beverages****Sweetened Original Almond Milk 32 oz.**

1 Ct
6772
\$13.00

Canned Goods & Instant Foods



Baked Beans 16 oz.

1 Ct
7544
\$9.00



Chicken Broth 14.5 oz.

1 Ct
7531
\$8.00



Chicken Stock 32 oz.

1 Ct
7532
\$9.00



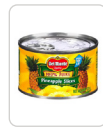
Chicken Broth 48 oz.

1 Ct
6773
\$13.00



Sweetened Condensed Milk 14 oz.

1 Ct
6774
\$9.00



Pineapple Slices In Juice 8 oz.

1 Ct
6775
\$9.00



Sliced Peaches in Heavy Syrup 8.5 oz.

1 Ct
7540
\$9.00



Fruit Cocktail in Heavy Syrup 8.5 oz.

1 Ct
7543
\$8.00



Pear Halves in Heavy Syrup 15 oz.

1 Ct
7534
\$8.00



Tuna Light In Water 2.5 oz.

1 Ct
6782
\$5.50







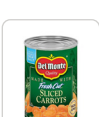



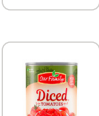
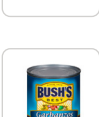
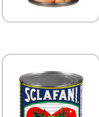
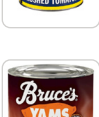
Red Sockeye Salmon 14.75oz

1 Ct
7955
\$21.00



Pink Salmon 14.75 oz.

1 Ct
7545
\$23.00

	Sweet Peas 8.5 oz.	1 Ct 7539 \$6.50
	Fresh Cut Whole New Potatoes 13.5 oz.	1 Ct 7542 \$9.00
	Sliced Beets 14.5 oz.	1 Ct 7535 \$13.00
	Sliced New Potatoes 14.5 oz.	1 Ct 7536 \$9.00
	Sliced Carrots 14.5 oz.	1 Ct 7538 \$7.00
	Cut Green Beans 14.5 oz.	1 Ct 6797 \$8.00
	Red Kidney Beans 15 oz.	1 Ct 6792 \$9.00
	Black Beans 15 oz.	1 Ct 6793 \$7.00
	Diced Tomatoes 15 oz.	1 Ct 6795 \$8.00
	Garbanzo Beans 15.5 oz.	1 Ct 6796 \$7.50
	Crushed Tomatoes 28 oz.	1 Ct 7541 \$9.50
	Yams 29oz	1 Ct 7951 \$9.00



Rice Krispies Cereal 9 oz.

1 Ct
7549
\$12.00



Special K Cereal 18 oz.

1 Ct
7550
\$14.00



Corn Flakes Cereal 18 oz.

1 Ct
7551
\$14.00



Raisin Bran Cereal 24 oz.

1 Ct
7548
\$21.00



Old Fashioned Oatmeal 42 oz.

1 Ct
7553
\$13.00



Instant Oatmeal Packets

10 Ct
7554
\$9.00

Condiments & Sauces



Pure Honey 12 oz.

1 Ct
7546
\$18.00

Cooking Oils



Pam Sautee and Grill Spray 17 oz.

1 Ct
7533
\$12.00

Grains & Pasta



Ready Pasta 7 oz.

1 Ct
7555
\$9.50



Gluten-Free Spaghetti Pasta 12 oz.

1 Ct
6831
\$9.00



Pasta Ziti 16 oz.

1 Ct
6830
\$7.00



Spaghetti Pasta 16 oz.

1 Ct
6832
\$7.00



Angel Hair Pasta 16 oz.

1 Ct
7556
\$8.00



Fettuccini Pasta 16 oz.

1 Ct
7557
\$8.00



Linguini Pasta 16 oz.

1 Ct
7558
\$6.50



Whole Grain Brown Ready Rice 8.8 oz.

1 Ct
7559
\$8.50



Extra Long Grain Enriched Rice 2 lbs.

1 Ct
6833
\$9.00



Brown Rice 2 lbs.

1 Ct
6834
\$8.50

Medical Nutrition



Ensure Original Nutrition Shake 8 oz.
220 calories, 9 g protein. Milk chocolate.

1 Ct
6836
\$4.00



Ensure Original Nutrition Shake 8 oz.
220 calories, 9 g protein. Strawberry.

1 Ct
6837
\$4.00



Ensure Original Nutrition Shake 8 oz.
220 calories, 9 g protein. Vanilla.

1 Ct
6838
\$4.00

Snacks



Apple Sauce Cups

1 Ct
7537
\$9.00



Granola Bars
Oats 'n Honey.

1 Ct
7552
\$12.00

Personal Care

Compression Garments



CURAD Arthritis Relief Compression Gloves

For arthritis, carpal tunnel, tendonitis. Breathable cotton/spandex. Gray. S.

1 Pr
1993
\$15.00



CURAD Arthritis Relief Compression Gloves

For arthritis, carpal tunnel, tendonitis. Breathable cotton/spandex. Gray. M.

1 Pr
1702
\$15.00



CURAD Arthritis Relief Compression Gloves

Flexible, breathable cotton/spandex. Grey. Size large fits up to 4" (measure width at knuckles).

1 Pr
1701
\$15.50



Ultra Soft Diabetic Socks

80% cotton, 15% polyester, 5% spandex. Black. Size L (Men's 7.5-11/Women's 9-12).

3 Pr
6858
\$8.00



Ultra Soft Diabetic Socks

80% cotton, 15% polyester, 5% spandex. Black. Size XL (Men's 11-14).

3 Pr
6860
\$8.00



Ultra Soft Diabetic Socks

80% cotton, 15% polyester, 5% spandex. White. Size L (Men's 7.5-11/Women's 9-12).

3 Pr
6859
\$8.00



Ultra Soft Diabetic Socks

80% cotton, 15% polyester, 5% spandex. White. Size XL (Men's 11-14)

3 Pr
6269
\$8.00



CURAD Knee High Compression Hosiery

Light compression for tired legs. 8-15 mmHg. Black. Small Regular.

1 Pr
1130
\$17.50



CURAD Knee High Medical Compression Hosiery

Controlled pressure helps reduce swelling. 15-20 mmHg. Tan. Small Regular.

1 Pr
1685
\$20.00



CURAD Knee High Medical Compression Hosiery

Controlled pressure helps reduce swelling. 15-20 mmHg. Tan. Medium Regular.

1 Pr
1686
\$20.00



CURAD Knee High Medical Compression Hosiery

Controlled pressure helps reduce swelling. 15-20 mmHg. Tan. Large Regular.

1 Pr
1687
\$20.00



CURAD Knee High Medical Compression Hosiery
Controlled pressure helps reduce swelling. 15-20 mmHg.
Black. Small Regular.

1 Pr
1657
\$18.50



CURAD Knee High Medical Compression Hosiery
Controlled pressure helps reduce swelling. 15-20 mmHg.
Black. Medium Regular.

1 Pr
1658
\$20.00



CURAD Knee High Medical Compression Hosiery
Controlled pressure helps reduce swelling. 15-20 mmHg.
Black. Large Regular.

1 Pr
1659
\$25.00

Cotton Balls & Swabs



Medline Nonsterile Cotton Balls
Highly absorbent, 100% bleached cotton 1-inch balls.

200 Ct
1051
\$3.00



Simply Soft 100% Cotton Swabs
Premium swabs for beauty care and first aid.

300 Ct
1647
\$5.00

Ear Care



Swim-EAR Drops 1 oz.
Helps relieve water-clogged ears.

1 Ct
3422
\$9.00



Major Ear Wax Drops
Non-irritating formula. Compare to the active ingredient in
Debrox.

1 Ct
6075
\$4.00

Eye Care



Artificial Tears Lubricant Eye Drops 0.5 oz
Compare to the active ingredients in Visine Tears Eye Drops.

1 Ct
1630
\$7.00



Clear Eyes Triple Relief Eye Drops 0.5 oz.
2X lubricants to soothe and moisturize dry eyes.

1 Ct
6870
\$8.50



GoodSense Artificial Tears Drops 0.5 oz.
Compare to active ingredients of Murine Tears.

1 Ct
6871
\$5.00



Refresh Tears Lubricant Eye Drops 15 mL
Immediate, soothing relief for dry eyes. 0.5%
carboxymethylcellulose sodium.

2 Ct
2256
\$25.00

**Bausch + Lomb Advanced Eye Relief Eye Wash 4 oz.**

Contoured cup design for easier application.

1 Ct
3409
\$6.00

**GoodSense Multi-Purpose Contact Lens Solution 12 oz.**

Compare to the active ingredient in Opti-Free Replenish contact lens solution.

1 Ct
6220
\$10.00

**Unisex Reading Glasses +1.00**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3379
\$4.00

**Unisex Reading Glasses +1.25**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3380
\$4.00

**Medline Unisex Reading Glasses +1.50**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3365
\$4.00

**Medline Unisex Reading Glasses +1.75**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3366
\$4.00

**Medline Unisex Reading Glasses +2.00**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3367
\$4.00

**Medline Unisex Reading Glasses +2.25**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3368
\$4.00

**Medline Unisex Reading Glasses +2.50**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3369
\$4.00

**Medline Unisex Reading Glasses +2.75**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3381
\$4.00

**Medline Unisex Reading Glasses +3.00**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3370
\$4.00

**Medline Unisex Reading Glasses +3.25**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3371
\$4.00

**Medline Unisex Reading Glasses +3.50**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3372
 \$4.00

**Medline Unisex Reading Glasses +4.00**

Lightweight polycarbonate frame with scratch-resistant lenses. Black.

1 Ct
3382
 \$4.00

Feminine Care**Medline FitRight Panty Liners**

Very light absorbency. Individually wrapped. 7" long.

40 Ct
6157
 \$7.00

**Medline Maxi Period Postpartum Pad**

Heavy absorbency. Individually wrapped. 9" L x 2-1/2" W.

12 Ct
6876
 \$2.00

**Miconazole 3-Day Vaginal Suppository Cream**

Compare to the active ingredients in Monistat 3 Combination Pack.

1 Ct
1201
 \$18.00

**Miconazole Nitrate 2% 7-Day Vaginal Cream**

Compare to the active ingredients in Monistat 7.

1 Ct
1202
 \$9.00

Foot Care**Medline Gel Hallux Bunion Guard**

Washable, reusable and hypoallergenic.

1 Ct
1440
 \$9.00

**Diabetic Deep-Healing Foot Cream 4 oz.**

Non-greasy cream with mineral oil, urea and lanolin plus vitamins A, D and E.

1 Ct
6880
 \$10.00

**Gold Bond Medicated Diabetic Foot Cream 3.4 oz.**

Soothing relief for dry, cracked skin. 24 hours of moisture.

1 Ct
3758
 \$10.00

**GoodSense Soothing Foot Powder 7 oz.**

Compare to Dr. Scholl's.

1 Ct
6881
 \$8.00

**Shoe Horn**

1 Ct
6892
 \$2.50

**Silipos Therastep Gel Toe Protector**

Coated on one side with soothing, medical-grade mineral oil.

1 Ct
1974
 \$9.00

Lip Balms & Treatments



Blistex Medicated Lip Balm

Seals in lip moisture. SPF 15.

1 Ct

7888

\$2.75



Blistex Medicated Lip Ointment

Helps heal dry lips and provides relief from pain of lip sores.

1 Ct

7904

\$3.25



Carmex Classic Lip Balm 0.35 oz.

Moisturizing cocoa butter plus cooling camphor and menthol.

1 Ct

6913

\$4.00



CURAD SPF 15 Petroleum-Free Lip Balm

Mint flavor.

1 Ct

3645

\$4.00

Oral Care



Fixodent Original Denture Adhesive Cream 2.4 oz.

Strong all-day hold.

1 Ct

4169

\$8.00



Medline SparkleFresh Denture Adhesive Cream 2.4 oz.

Compare to Fixodent.

1 Ct

2227

\$9.00



Super Poligrip Denture Adhesive Cream 2.4 oz.

Strong all-day hold. Zinc-free original formula.

1 Ct

1162

\$9.00



Medline 2-Sided Denture Brush

Large brush head removes food and stains. Small, angle-trimmed brush head for hard-to-reach areas.

1 Ct

6919

\$2.00



Effervescent Denture Cleanser Tablets

Compare to the active ingredient in Efferdent.

90 Ct

1155

\$5.00



Polident Overnight Whitening Denture Tablets

4-in-1 cleaning.

84 Ct

6920

\$9.50



ACT Dry Mouth Lozenges

With xylitol. Soothing mint.

36 Ct

6922

\$10.00















Conair InterPlak Rechargeable Cordless Toothbrush






Recharges on its own compact storage base.

1 Ct








5003

\$40.00

	Freshmint Waxed Dental Floss 100 yd. Waxed to slip more easily through teeth. Mint flavor.	1 Ct 1154 \$3.00
	Oral B Essential Cavity Defense Floss 54 yds. Mint flavor.	1 Ct 6925 \$3.00
	Interdental Brushes	10 Ct 6927 \$8.50
	Colgate Adult Toothbrush Soft bristles.	1 Ct 6196 \$2.00
	Colgate Extra Clean Adult Toothbrush Medium bristles.	1 Ct 6929 \$2.00
	Colgate Extra Clean Adult Toothbrush Firm bristles.	1 Ct 6930 \$2.00
	Medline Super Soft Adult Toothbrush Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.	1 Ct 1163 \$3.00
	Biotene Dry Mouth Moisturizing Spray 1.5 oz. Refreshing gentle mint flavor.	1 Ct 1482 \$10.00
	Biotene Alcohol-Free Dry Mouth Mouthwash 16 oz. Soothing moisturization without burning. Relief for up to 4 hours. Fresh mint.	1 Ct 1480 \$10.00
	Disposable Tongue Scraper with Brush Narrow headed design.	2 Ct 1880 \$6.00
	InterPlak Rechargeable Toothbrush Replacement Head Push on and click in place.	2 Ct 5009 \$19.00
	Biotene Dry Mouth Fluoride Toothpaste 4.3 oz. Fresh mint original flavor.	1 Ct 1483 \$10.00

	Colgate Fluoride Toothpaste 4 oz. Great regular flavor.	1 Ct 6943 \$3.00
	Crest Cavity Protection Toothpaste 4.2 oz. Helps stop cavities and freshens breath. Travel size. Regular flavor.	1 Ct 3321 \$3.75
	Fresh Mint Sensitive Teeth Toothpaste 4.3 oz. Compare to the active ingredients in Sensodyne Fresh Mint.	1 Ct 1494 \$4.00
	Conair Interplak Dental Water Flosser Jet Tips 5 tips for Interplak Dental Water Jet models SWJ2, SWJ2CVSR, WJX, WJX01.	5 Ct 6195 \$20.00
	Conair Interplak Dental Water Jet Cordless, battery operated water jet flushes out plaque and food debris.	1 Ct 5007 \$55.00

Skin Care + Hair Care

	GoodSense Epsom Salt 1 lb Use in bath to help relax muscles. Unscented.	1 Ct 1067 \$5.00
	Body Wash 12 oz. Green tea scent.	1 Ct 6961 \$3.50
	Gold Bond Diabetic Dry Skin Lotion 13 oz. Non-greasy. Fragrance-free.	1 Ct 3746 \$15.00
	Medline Remedy Essentials Body Lotion 8 oz. Rubs in easily with no greasy feel. Fresh scent.	1 Ct 1250 \$3.00
	Swan Diabetics Lotion 5.5 oz. Fragrance-free.	1 Ct 6969 \$9.00
	TheraCare Vitamin A & D Skin Protectant Ointment 4 oz. Compare to the active ingredients in A&D original ointment.	1 Ct 6968 \$6.00
	Medline Remedy Clinical No-Rinse Foam Cleanse 8oz. Gentle, sulfate-free formula cleans head to toe. Vanilla scent.	1 Ct 1428 \$10.50

**Medline Remedy Essentials No-Rinse Body Cleanser 8 oz.**

Cleanses and conditions hair and skin. Fresh scent.

1 Ct

3360

\$6.00

**CareAll Petroleum Jelly 13 oz.**

Moisturizes rough, dry, chapped skin.

1 Ct

1076

\$5.00

**CareAll Petroleum Jelly 4 oz.**

Moisturizes rough, dry, chapped skin.

1 Ct

1404

\$3.00

**Vaseline Petroleum Jelly 13 oz.**

Hypoallergenic, fragrance-free. Original.

1 Ct

6966

\$8.00

**Remedy Clinical Hydrating Shampoo Body Wash 8 oz.**

Low-sudsing, 2-in-1 formula gently cleans fragile hair, sensitive skin. Scented.

1 Ct

3444

\$9.00

Sunscreens

**MyDerm Aloe Gel 16 oz.**

Cools and soothes skin. Helps restore moisture.

1 Ct

2045

\$9.00

Wipes & Cloths

**Medline ReadyBath Fresh Bathing Wipes**

One 8-pack cleanses entire body. Standard weight 8" x 8" cloths. Unscented.

8 Ct

2312

\$5.00

**Medline FitRight Aloe Personal Wipes**

Standard-weight wipes cleanse, moisturize and soothe skin. Scented. 8" x 10".

68 Ct

3670

\$5.00

**Medline FitRight Aloe Personal Wipes**

Cleans, moisturizes, soothes. Alcohol-free. Standard weight. 8" x 10". Scented.

48 Ct

1102

\$4.00

**ReadyFlush Biodegradable Flushable Wipes**

Safe for sewer and septic systems. 8" x 12". Scented.

24 Ct

1116

\$5.00

Physical Therapy

Braces & Supports

**CURAD Pull-Over Ankle Support**

Open heel. Universal size.

1 Ct

7012

\$10.00

**CURAD Universal Arm Sling**

Breathable mesh material. Adjustable shoulder straps.

1 Ct
7022
\$14.00

**CURAD Universal Elastic Back Support**

Low-profile with removable stays. Side-pull panels for all-around compression. Hook-and-loop closure.

1 Ct
4167
\$35.00

**CURAD Elastic Pull-Over Elbow Support**

Universal design fits right or left arm. L/XL.

1 Ct
7036
\$10.00

**CURAD Knit Heel and Elbow Protectors**

Double layer of foam to help protect pressure points. Washable. One size.

2 Ct
5014
\$12.00

**Knee Stabilizer**

L/XL.

1 Ct
7049
\$20.50

**CURAD Adjustable Knee Support**

With patella support pad. Fits right or left. One size.

1 Ct
5006
\$35.00

**CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. S (14"-16" circum).

1 Ct
3738
\$10.00

**CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. M (16"-18" circum).

1 Ct
4159
\$10.00

**CURAD 9-Inch Elastic Pull-Over Knee Support**

Compression for weak/injured knee. Fits right or left. L (18"-20" circum).

1 Ct
4157
\$10.00

**CURAD Neoprene Pull-Over Knee Support**

Closed patella. Fits right or left. XL (18"-20" circumference)

1 Ct
7053
\$20.00

**CURAD Rib Belt**






High-quality elastic for support and comfort. Contoured, unisex design. White.

1 Ct
7086
\$16.00







**CURAD Universal Thumb Brace**

Soft, stabilizing support for sprains, tendonitis. Fits right or left. One size.

1 Ct
4202
\$15.00

	CURAD Rigid Stabilizer Wrist Brace Removable metal stay. Fits right or left. One size.	1 Ct 7092 \$32.00
	CURAD 7-Inch Elastic Pull-Over Wrist Support Compression for weak/injured wrist. Fits right or left. S (5"-6" circum).	1 Ct 4164 \$18.00
	CURAD 7-Inch Elastic Pull-Over Wrist Support Compression for weak/injured wrist. Fits right or left. M (6"-7" circum).	1 Ct 4163 \$18.00
	CURAD 7-Inch Elastic Pull-Over Wrist Support Compression for weak/injured wrist. Fits right or left. L (7"-8.5" circum).	1 Ct 4160 \$18.00
	CURAD 7-Inch Elastic Pull-Over Wrist Support Compression for weak/injured wrist. Fits right or left. XL (8.5"-10" circum).	1 Ct 4162 \$20.00
	CURAD Wraparound Wrist Support Breathable neoprene compression for carpal tunnel, tendonitis. Fits right or left. One size.	1 Ct 7102 \$10.00

Daily Living Aids

	Long Handle Body Scrubber Loofah Hole in handle for hanging.	1 Ct 7114 \$7.00
	Door Knob Gripper	1 Ct 7122 \$12.00
	Key Turner	1 Ct 7123 \$10.50
	Jar Opener	1 Ct 7127 \$4.00
	Medline Pistol Grip Reacher Extends your reach by 2 feet to grasp lightweight objects. 26" long.	1 Ct 2188 \$25.00
	Medline Reusable Compartment Dish 3/4" walls separate food. Non-skid bottom. 8-3/4" diameter. Grey.	1 Ct 7133 \$16.50



Eye Mask

1 Ct
7187
\$3.50

Hot & Cold Therapies



TheraCare Neck/Shoulder Heat Wrap

Compare to TheraCare HeatWraps. 11.4" x 3.7".

3 Ct
7916
\$6.50



Medline Accu-Therm Reusable Hot/Cold Gel Pack

Microwave for hot therapy, freeze for cold therapy. Stays pliable and soft. 5" x 10".

1 Ct
1041
\$3.00



CURAD Hot or Cold Therapy Water Bottle 2 qt.

Flexible, ridged rubber conforms to contours.

1 Ct
1639
\$9.00

Muscle Stimulators



Compass Health Digital Dual-Channel TENS Unit

Drug-free pain management. TENS 7000 device, lead wires, 4 self-stick electrodes, 9V battery, case.

1 Ct
3450
\$67.50

Wearable Technology



Pedometer

1 Ct
7167
\$14.00

Protection Wear

Face Covering



Medline ASTM Level 1 3-Ply Face Mask

Lightweight, medical-grade mask with ear loops. Blue.

50 Ct
3605
\$9.00



Medline Full Disposable Face Shield with Foam Top

Optically clear, full-length 7.5" polyester shield. Can be worn with glasses.

1 Ct
3669
\$4.00



CURAD Germ Shield N95 Cone Style Respirators

NIOSH-approved. One size.

2 Ct
7213
\$6.00

Respiratory

Air Quality



Crane Droplet Ultrasonic Cool Mist Humidifier

Runs quietly for up to 15 hours. 0.5 Gallon. 6.75"L x 10.5"W x 6.75"H.

1 Ct
1996
\$55.00

Oxygen Therapy



Medline Compressed Memory Foam CPAP Pillow

Helps keep mask on straight. Contoured for side sleepers.
24"L x 14"W x 5"H.

1 Ct
3384
\$60.00



Medline Fiber Filled CPAP Pillow

Designed to let mask and hose hang over side of pillow. 21"L
x 15"W x 4"H.

1 Ct
3383
\$50.00

Vitamins & Supplements

Digestive Health



Natural Psyllium Fiber Powder Supplement 13 oz.

Compare to the active ingredient in Metamucil. Orange flavor.

1 Ct
2260
\$14.00

Letter Vitamins



21st Century Vitamin A Softgels 10,000IU

Gluten-free.

110 Ct
1286
\$9.00



21st Century Vitamin B Complex with Vitamin C Tablets

Multivitamin formula.

100 Ct
2073
\$9.00



GeriCare Vitamin B-1 Thiamin Tablets 100 mg

Dietary supplement.

100 Ct
3400
\$6.00



GeriCare Vitamin B-6 Tablets 100 mg

Also known as Pyridoxine HCl.

100 Ct
1292
\$9.00



Mason Natural Quick Dissolve Vitamin B12 Tablets 3,000 mcg

Gluten-free, soy-free.

100 Ct
7240
\$12.00



Vitamin B12 Tablets 500 mcg

With 54 mg calcium and 42 mg phosphorous.













100 Ct
1291
\$9.00



Vitamin B12 Tablets 1,000 mcg

Also with 23 mg calcium.

100 Ct
1289
\$9.00

	Amerix Vitamin B-Complex Gummies Strawberry flavor.	70 Ct 7237 \$10.00
	Mason Natural B-Complex Vitamin Tablets Also includes 100 mg brewer's yeast, 70 mg liver (defatted).	100 Ct 7235 \$7.50
	Rugby Folic Acid Tablets 800 mcg Also known as vitamin B9.	100 Ct 7236 \$6.00
	Airborne Vitamin C Effervescent Tablets Zesty orange flavor.	10 Ct 2236 \$12.00
	Emergen-C Vitamin C Powder Drink Mix 1,000 mg of vitamin C plus antioxidants and electrolytes. Tangerine flavor.	30 Ct 7243 \$18.00
	GeriCare Vitamin C Tablets 500 mg Also known as ascorbic acid.	100 Ct 6234 \$9.00
	ImmuBlast Immune System Chewable Tablets Compare to the active ingredients in Airborne. Citrus flavor.	32 Ct 1751 \$12.00
	Nature's Bounty Vitamin C Gummies 125 mg Orange flavor.	80 Ct 6096 \$12.00
	Vitafusion Power C High Potency Gummies Natural orange flavor.	150 Ct 7242 \$14.00
	VitaJoy Vitamin D-3 Gummies 50 mcg Peach flavor.	120 Ct 3856 \$11.00
	GeriCare Vitamin D3 Tablets 1,000 IU Dietary supplement.	100 Ct 3855 \$9.00
	Vitafusion Vitamin D3 Gummies 50 mcg per serving. Peach and berry flavors.	150 Ct 7248 \$14.50

**Vitamin D3 Softgels 2000IU**

Easier to swallow softgel.

100 Ct

2233

\$8.00

**Vitamin D3 Gummies**

60 Ct

7252

\$12.50

**GeriCare Vitamin E Softgels 180 mg**

Dietary supplement. 180 mg (400 IU).

100 Ct

1297

\$7.00

Minerals**GeriCare Calcium 600 mg + Vitamin D3 400IU Tablets**

Compare to the active ingredients in Caltrate 600 + D.

60 Ct

4147

\$7.00

**Vitafusion Calcium Gummies**

500 mg calcium and 25 mcg vitamin D per serving. Fruit and cream flavors.

100 Ct

7258

\$17.50

**Ferrous Sulfate Iron Tablets 325 mg**

Each tablet provides 65 mg elemental iron from 325 mg ferrous sulfate.

100 Ct

1269

\$5.00

**GeriCare Ferrous Gluconate Tablets 240 mg**

240 mg tablet provides 27 mg elemental iron.

100 Ct

1268

\$6.00

**Mason Natural Iron Tablets 65 mg**

65 mg iron (from 325 mg or 5 grains of ferrous sulfate).

100 Ct

7259

\$12.50

**GeriCare Magnesium Oxide Coated Tablets 400 mg**

Compare to the active ingredient in MAG-OX 400.

120 Ct

1745

\$16.00

**21st Century Potassium Gluconate Tablets 595 mg**

No added sugar, yeast, preservatives.

100 Ct

7262

\$9.00

**GeriCare Zinc Sulfate Tablets 50 mg**

Dietary supplement.

100 Ct

3401

\$6.00







Multivitamins**GeriCare Multivitamin with Mineral Tablets**

Once daily formula.







100 Ct









7266

\$6.00

	GeriCare One-Daily Multivitamin Tablets Daily nutritional supplement.	100 Ct 3861 \$6.00
	Mason Natural Men's Daily Formula Tablets Multivitamin and mineral formula.	100 Ct 7265 \$9.00
	Multivitamin Stress Formula with Zinc Tablets High-potency formula.	60 Ct 3483 \$9.00
	Vitafusion Men's Daily Multi-Vitamin Gummies Berry flavor.	150 Ct 7263 \$16.50
	Vitafusion Women's Daily Multi-Vitamin Gummies Berry flavor.	150 Ct 7264 \$16.50
	21st Century Sentry Senior Multivitamin Mineral Tablets Formula with antioxidants for active adults 55+. Compare to the active ingredients in Centrum Silver.	100 Ct 1261 \$9.00

Supplements

	21st Century Biotin Capsules 5,000 mcg Hi-potency formula.	60 Ct 7276 \$7.50
	Yum-Vs Biotin High Potency Gummies 10,000 mcg per 2 gummy serving. Natural strawberry flavor.	60 Ct 7278 \$9.00
	Mason Natural Brain Power With Sage Extract Caplets 65 mg calcium, 50 mg phosphatidylserine, 400 mg sage extract.	60 Ct 7280 \$16.50
	21st Century DHEA Capsules 25 mg 100% vegetarian.	90 Ct 1266 \$12.00
	Beta Carotene 25,000 IU With Vitamin A Softgels Vitamin A from beta-carotene.	100 Ct 2063 \$9.00
	PreserVision AREDS 2 Eye Vitamin Mini Softgels Easier-to-swallow mini softgels. #1 doctor recommended brand.	60 Ct 2173 \$22.00

	Bausch + Lomb AREDS2 PreserVision Eye Vitamins #1 doctor recommended brand.	120 Ct 1632 \$40.00
	Mason Natural Flaxseed Oil Softgels 1,000 mg Dietary supplement.	100 Ct 7285 \$11.00
	21st Century Glucosamine 500 mg Chondroitin 400 mg Tablets No added colors, no artificial flavors.	60 Ct 7287 \$14.00
	True Plus Glucose Chewable Tablets 4g Raises low blood sugar and boosts energy. Orange flavor.	50 Ct 1757 \$8.00
	Health Star Melatonin Tablets 5 mg Dietary supplement.	90 Ct 7289 \$6.00
	VitaJoy Melatonin Gummies Sleep Support 2.5 mg Gluten-free. Strawberry flavor.	120 Ct 3730 \$15.00
	Medline Fish Oil Softgels 1000 mg Rich in essential Omega-3 fatty acids (EPA & DHA). 234 mg of Omega-3.	90 Ct 3378 \$7.00
	Nature's Bounty Fish Oil Rapid Release Softgels 1200 mg Contains omega-3 fatty acids including EPA and DHA omega-3 fatty acids.	120 Ct 3845 \$15.00

For orders placed at **HMSAExtraBenefits.com**, on the **myTotal Benefits** app, or by phone, you should receive your order in seven to 10 business days. For orders placed via mail using the mail order form, it will take longer to receive your order.

- A mail order form may take up to four weeks to process.
- If your mail order exceeds your benefit balance, items will be deducted to bring the order back within benefit balance.
- Cash, checks, credit cards or money orders are not accepted via mail.
- If your mail order includes any out-of-stock items, the order will be processed without out-of-stock items.
- Your order will be placed and counted toward the benefit period when it was received.



An Independent Licensee of the Blue Cross and Blue Shield Association

2025 Catalog Order Form

Step 1: Provide all your information below

Today's Date

Date of Birth (MM/DD/YYYY)

Subscriber ID

First Name

Last Name

Street #

Street Name

Apt./Suite #

City

State

ZIP Code

Phone

Email

Step 2: Pick your products

Item#	Product Description	Quantity	Price
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Step 3: Place your order - Mail to:

HMSA Catalog Orders, c/o Medline Industries, LP
PO Box 18522, Palatine, IL 60055

If you place your order by mail using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to the benefit period in which we receive it.





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Visit **HMSAExtraBenefits.com**
to place your order online.

Call **1 (800) 790-6019**, toll-free,
Monday-Friday, 8 a.m.-8 p.m.
Hawaii time. TTY 711.



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