

Getting the flu is no fun

The flu shot is the first and most important step for prevention. The Centers for Disease Control and Prevention recommends the flu shot for those 6 months and older. Flu season usually starts in October, peaks in December, and can last through the following May.



Call your doctor or one of these pharmacies to get a flu shot at no cost.

Oahu

5 Minute Pharmacy

Costco

Discovery Bay

Kalihi-Palama Health Center

Longs Drugs/CVS

Pharmacare Hawaii

Safeway

Sam's Club

**The Queen's Health Systems
Times**

**Waianae Coast Comprehensive
Health Center**

Waimanalo Pharmacy

Walgreens

Walmart

Pharmacy list updated July 2025



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