

Gender Identity Services

Gender-affirming care is essential to HMSA members' health and well-being. Getting care for gender dysphoria, including counseling, medical treatment, and gender confirmation surgery, can be complicated.

This guide will help you navigate which gender identity services are HMSA health plan benefits. Some services need to be done in a specific order or require precertification.

To check if a service is a benefit of your plan, see your *Guide to Benefits* or call us at (808) 948-6079 or 1 (800) 776-4672. Learn more about HMSA's gender identity services medical policy on hmsa.com.



Counseling Services

Service	Precertification
Psychotherapy	No
Gender identity counseling	No



Puberty Suppression Therapy¹

Service	Precertification
Puberty suppression therapy	Yes



Continuous Hormone Replacement Therapy^{2, 3}

Service	Precertification
Estrogen/anti-androgens	No
Testosterone (injectable/subcutaneous)	No



Gender-affirming Presurgery Services

Service	Precertification
Fertility counseling	No
Laser hair removal	Yes
Electrolysis	Yes



Gender-affirming surgeries^{4, 5}

Note: This is not a comprehensive list of gender-affirming surgical procedures. Consult the gender identity services medical policy, your health care providers, or contact HMSA if you have questions about specific procedures.

Service	Precertification
Subcutaneous mastectomy (including nipple reconstruction)	Yes
Vaginectomy	Yes
Clitoroplasty	Yes
Vaginoplasty	Yes
Penis prosthesis	Yes

Benefit determinations are subject to applicable member contract language. If there are any conflicts between these guidelines and the contract language, the contract language will prevail.

¹ A diagnosis of persistent gender dysphoria is required.

² A diagnosis of persistent gender dysphoria is required.

³ Members must be at least 16 years old or a physician must submit a reason the member should be exempt.

⁴ A diagnosis of persistent gender dysphoria is required.

⁵ The member has been on continuous hormone replacement therapy for at least 12 months.